



# February Elem. Lunch Menu St Mary's Williamstown

**Choose 1 Entrée. (3 Daily Specials & 2 Daily Alternates)**

**Includes 2 Fruit & 2 Veggie Choices!**



Fresh/Cupped/Juice  
**PICK 2 FRUITS**

Cooked/Raw Veggie Patch  
**PICK 2 VEGGIES**

**THINK BALANCE!**

A Balanced Tray Includes...

Grain ~ Protein ~ Fruit ~ Vegetable ~ Milk

= Vegetarian Ingredients

= Gluten-Free Ingredients



**DAILY ALTERNATES:**

Chex Cereal & Yogurt

(PB & J sandwich)

Chicken Nuggets

**Celebrate Superbowl!**

Monday-Feb 2	Tuesday-Feb 3	Wednesday-Feb 4	Thursday-Feb 5	Friday-Feb 6
<b>"Pigs in a Blanket"</b> Mini Corn Dogs Grilled Cheese Garden Salad w/ Chicken <u>Sides:</u> Fries-Chocolate Pudding <b>Carrots w/ Hummus/Ranch</b>	<b>Mini Pancakes</b> w/sausage Patty Chicken Patty on a Bun <u>Sides:</u> Tumblin Tator Tots <b>Celery w/ Hummus/Ranch</b>	<b>BBQ Baked Chicken</b> w/ a Dinner Roll Cheeseburger on a Bun Buffalo Chicken Salad <u>Sides:</u> Seasoned Steamed Spinach <b>Chilean Corn Salad</b>	<b>Taco Twins</b> w/ Toppings Turkey Hoagie <u>Sides:</u> Hot Tasty Carrots <b>Broc Bites w/ Hummus/Ranch</b>	<b>Pizza Dippers</b> w/dippin Cup Trix Bagel & Yogurt Chef Salad <u>Sides:</u> Vege-licious Garden Salad <b>Mixed Patch w/Hummus/Dip</b>
<b>Monday-Feb 9</b>	<b>Tuesday-Feb 10</b>	<b>Wednesday-Feb 11</b>	<b>Thursday-Feb 12</b>	<b>Friday-Feb 13</b>
<b>Popcorn Chicken</b> w/ Mac & Cheese Grilled Cheese Garden Salad w/ Chicken <u>Sides:</u> Tomato Soup w/Crackers <b>Carrots w/ Hummus/Ranch</b>	<b>Baked Ziti</b> w/ Garlic Bread Chicken Patty on a Bun <u>Sides:</u> Caesar Side Salad <b>Celery w/ Hummus/Ranch</b>	<b>Hot Ham &amp; Cheese</b> On a Kaiser Roll Cheeseburger On a Bun Buffalo Chicken Salad <u>Sides:</u> Seasoned Green Beans <b>Chilean Corn Salad</b>	<b>Nachos Grande</b> w/ Chips & Toppings Turkey & Cheese Hoagie <u>Sides:</u> Tasty Hot Corn <b>Broc Bites w/ Hummus/Ranch</b>	<b>Personal Pizza</b> By The Pie Trix Bagel & Yogurt Taco Salad <u>Sides:</u> Salad-Sweetheart Jell-O <b>Mixed Patch w/Hummus/Dip</b>
<b>Monday-Feb 16</b>	<b>Tuesday-Feb 17</b>	<b>Wednesday-Feb 18</b>	<b>Thursday-Feb 19</b>	<b>Friday-Feb 20</b>
<b>NO SCHOOL</b> <b>President's Day</b> Celebrated on the 3rd Monday in Feb, President's Day was created with the intent of recognizing George Washington & Abraham Lincoln's birthdays which fall a couple days apart in Feb.	<b>French Toast</b> w/ Sausage Patty Chicken Patty on a Bun <u>Sides:</u> Tumblin Tator Tots <b>Celery w/ Hummus/Ranch</b>	<b>Mozzarella Sticks</b> w/ Buttered Pasta & Parmesan Grilled Cheese Sandwich Crispy Garden Salad <u>Sides:</u> Steamed Veggie <b>Chilean Corn Salad</b>	<b>Pop Corn Chicken</b> w/ Rice & Egg Roll Turkey Hoagie <u>Sides:</u> Oriental Veg Medley-Fortune Cookie <b>Broc Bites w/ Hummus/Ranch</b>	<b>French Bread Pizza</b> By The Slice Trix Bagel & Yogurt Egg Salad <u>Sides:</u> Julius Caesar Sal w/ Spinach <b>Mixed Patch w/Hummus/Dip</b>
<b>Monday-Feb 23</b>	<b>Tuesday-Feb 24</b>	<b>Wednesday-Feb 25</b>	<b>Thursday-Feb 26</b>	<b>Friday-Feb 27</b>
<b>Chicken Fajitas</b> w/ Sour Cream & Salsa Grilled Cheese Garden Salad w/ Chicken <u>Sides:</u> Vegetable Medley <b>Carrots w/ Hummus/Ranch</b>	<b>Mini Pancakes</b> w/ Sausage Patty Chicken Patty on a Bun <u>Sides:</u> Tumblin Tator Tots-Juice Cup <b>Celery w/ Hummus/Ranch</b>	<b>Cheesy Chicken Pasta</b> w/Breadstick Cheeseburger On a Bun Buffalo Chicken Salad <u>Sides:</u> Steamed Spinach-Pudding Cup <b>Chilean Corn Salad</b>	<b>Bacon Cheeseburger</b> On a Bun Turkey & Cheese Hoagie <u>Sides:</u> Original Old Bay Fries <b>Broc Bites w/ Hummus/Ranch</b>	<b>Pizzeria Pizza</b> By The Slice Trix Yogurt & Bagel Egg Salad <u>Sides:</u> Vege-licious Garden Salad <b>Mixed Patch w/Hummus/Dip</b>

**Lunch Prices:** Regular Lunch \$2.75 ~ Extra Entrée: \$1.75 Reduced: \$0.40 ~ Adult: \$1.75 ~ Milk: \$0.60

Food Service Director: Debbie Spasari SMW@nsfm.com Phone: 856-629-6419 \*Menu subject to change

**Milk Choices** Skim White Chocolate Strawberry 1% White Lactaid

Look for snacks, nutrition & menu descriptions posted on the school website!

This institution is an equal opportunity provider & employer.