



# May Elem. Lunch Menu

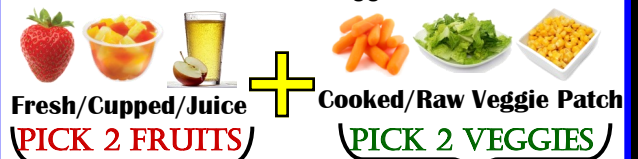
## St Mary's Williamstown

### DAILY ALTERNATES:

- Cereal & Yogurt (PB & J Sandwich) **GF**
- Chicken Nuggets **V**

### Choose 1 Entrée. (3 Daily Specials & 2 Daily Alternates)

Includes 2 Fruit & 2 Veggie Choices!



### THINK BALANCE!

A Balanced Tray Includes...  
Grain ~ Protein ~ Fruit ~ Vegetable ~ Milk



**GF** = Gluten-Free Ingredients **V** = Vegetarian Ingredients

**All American Monday!**  
I ♥ the USA  
American Classics!

**Fun Flavors Tuesday!**  
AKA: Taco Tuesday,  
Mexican, Asian, Italian

**Wacky Wednesday!**  
A School Favorite!  
The random category!

**Chicken Lover's Thursday!**  
Everything &  
Anything CHICKEN!

**Pizza Lover's Friday!**  
Cheesy Pizza By  
The Slice!

**Lunch Prices:** Regular Lunch \$2.75  
Extra Entrée: \$1.75 Reduced: \$0.40  
Adult: \$1.75 ~ Milk: \$0.60 \*Menu subject to change.  
Food Service Director: Debbie Spasari  
SMW@nsfm.com Phone: 856-629-6419 Look for  
snacks, nutrition & menu descriptions posted on the school  
website!



**May National Food Holidays**  
May 5th— Cinco De Mayo  
May 14th—Nat'l Choc Chip  
Cookie Day  
May 26th—I ♥ The USA Day

- Milk Choices**  
Skim White  
Chocolate  
Strawberry  
1% White

**Friday-May 1**  
**Pizza Dippers**  
w/Dippin Cup **V**  
Trix Yogurt & Bagel  
Turkey Club Salad  
**Sides:**  
Julius Caesar Sal w/ Spinach  
**Mixed Patch w/Hummus/Dip**

Monday-May 4	Cinco De Mayo!	Wednesday-May 6	Thursday-May 7	Friday-May 8
<b>Philly Cheese Steak</b> On a Torpedo Chicken Patty on a Bun Chicken Caesar Salad <b>Sides:</b> Swirly Curly Fries Carrots w/ Hummus/Ranch	<b>Nachos Grande GF</b> w/ Corn Chips & Toppings Hot Dog on a Bun <b>Sides:</b> Southwest Baked Beans-Churro Celery w/ Hummus/Ranch	<b>Grilled Cheese</b> w/Tomato Soup Egg Ham Cheese/Biscuit Taco Salad <b>Sides:</b> Potato Wedges Cauliflower Bunches	<b>Popcorn Chicken</b> w/ Dinner Roll Cheeseburger <b>Sides:</b> Mac & Cheese Broc Bites w/ Hummus/Ranch	<b>French Bread Pizza</b> By The Slice <b>V</b> Trix Yogurt & Bagel Turkey Club Salad <b>Sides:</b> Vege-licious Garden Salad Mixed Patch w/Hummus/Dip
Monday-May 11	Tuesday-May 12	Wednesday-May 13	Choc Chip Cookie Day	Friday-May 15
<b>Mini Pancakes</b> w/ Sausage Chicken Patty on a Bun Chicken Caesar Salad <b>Sides:</b> Tumblin Tator Tots Carrots w/ Hummus/Ranch	<b>Spaghetti / Meatsauce</b> w/ Garlic Toast Chicken Salad Sandwich <b>Sides:</b> Fresh Garden Salad Celery w/ Hummus/Ranch	<b>Chicken Parmesan</b> On a Bun Sloppy Joe Sandwich Chef Salad <b>Sides:</b> Crazy Carrots Pepper Strips	<b>Chicken Fingers</b> w/ a Breadstick Cheeseburger <b>Sides:</b> Peas & Carrots-Choc Chip Cookie Broc Bites w/ Hummus/Ranch	<b>Pizzeria Pizza</b> By The Slice <b>V</b> Trix Yogurt & Bagel Turkey Club Salad <b>Sides:</b> Julius Caesar Salad Mixed Patch w/Hummus/Dip
Monday-May 18	Tuesday-May 19	Wednesday-May 20	Thursday-May 21	Friday-May 22
<b>Egg Ham &amp; Cheese</b> On a Biscuit Chicken Patty on a Bun Chicken Caesar Salad <b>Sides:</b> Original Old Bay Fries Carrots w/ Hummus/Ranch	<b>Popcorn Chicken</b> w/ Dinner Roll Hot Dog on a Bun <b>Sides:</b> Cool Corn Celery w/ Hummus/Ranch	<b>Mozzarella Sticks</b> w/Pasta Turkey Hoagie Chef Salad <b>Sides:</b> Steamin Green beans Veggie Salad	<b>Chicken Fajita</b> Over Rice Cheeseburger <b>Sides:</b> Veg Medley-Pudding Cup Broc Bites w/ Hummus/Ranch	<b>Personal Pizza</b> By The Pie <b>V</b> Trix Yogurt & Bagel Turkey Club Salad <b>Sides:</b> Vege-licious Garden Salad Mixed Patch w/Hummus/Dip
Monday-May 25	I ♥ THE USA	Wednesday-May 27	Thursday-May 28	Friday-May 29
<b>Memorial Day!</b> "My fellow Americans, ask not what your country can do for you—ask what you can do for your country." —John F. Kennedy In the spirit of Memorial Day do something nice for a family member or friend!	<b>Meatball Parmesan</b> On a Torpedo Hot Dog on a Bun <b>Sides:</b> Steamed Spinach-Patriotic Parfait Celery w/ Hummus/Ranch	<b>Chicken Cordon Bleu</b> On a Kaiser Roll Turkey Hoagie Chef Salad <b>Sides:</b> Seasoned baked Fries Pepper Strips	<b>Popcorn Chicken</b> w/Noodles Cheeseburger <b>Sides:</b> Spinach & Strawberry Salad Broc Bites w/ Hummus/Ranch	<b>Pizza Dippers</b> w/Dippin Cup Trix Yogurt & Bagel Turkey Club Salad <b>Sides:</b> Vege-licious Garden Salad Mixed Patch w/Hummus/Dip

This institution is an equal opportunity provider & employer.