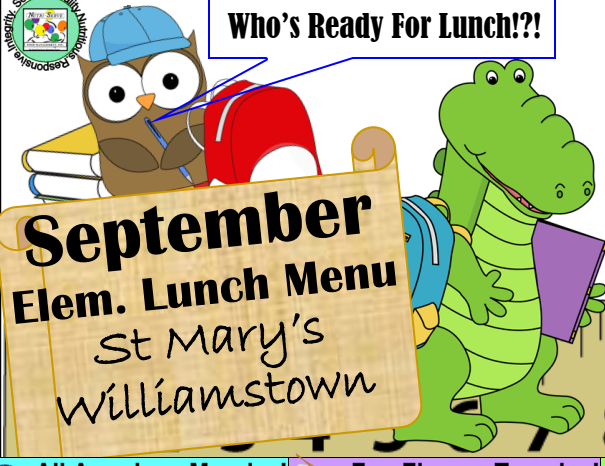




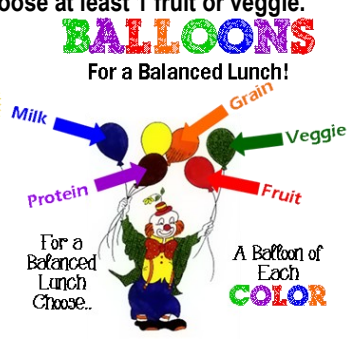
Who's Ready For Lunch!?!



**DAILY ALTERNATES:**  
 Cereal & Yogurt (GF)  
 (PB & J Sandwich)  
 Chicken Nuggets (V)

**Choose 1 Entrée. (3 Daily Specials & 2 Daily Alternates)**  
 Includes 2 Fruit & 2 Veggie Choices!  
 You must choose at least 1 fruit or veggie.

We Use Whole Grain Products!



**Daily Fruit Offerings:**  
 Fresh, Cupped, 100% Juice  
 All Salads Come With a Grain.

(V) = Vegetarian Ingredients (GF) = Gluten-Free Ingredients

**All American Monday!**  
 I ♥ the USA  
 American Classics!

**Fun Flavors Tuesday!**  
 AKA: Taco Tuesday,  
 Mexican, Asian, Italian

**Wacky Wednesday!**  
 A School Favorite!  
 The random category!

**Chicken Lover's Thursday!**  
 Everything &  
 Anything CHICKEN!

**Pizza Lover's Friday!**  
 Cheesy Pizza By  
 The Slice!

**Sept Fun Days**  
**Sept 13: Celiac Awareness Day** - Made with ground meat & served with corn chips.  
**Sept 15: Wacky Watermelon Day** - a watermelon pop will be served as a treat!  
**Sept 22: First Day of Fall** - harvest pudding is a combination of sweet potatoes and pudding.

**Lunch Prices: Regular Lunch \$2.75 Extra Entrée: \$1.75 Reduced: \$0.40 Milk: \$0.60**  
 \*Menu subject to change.  
 Food Service Director: Debbie Spasari  
 SMW@nsfm.com Phone: 856-629-6419  
 Look for snacks, nutrition & menu descriptions posted on the school  
**This institution is an equal opportunity provider.**  
 Milk: Skim White, Chocolate, Strawberry, 1% White, Lactaid

**Thursday-Sept 1** **Friday-Sept 2**

**Monday-Sept 5**  
**Happy Labor Day!**  
**Fun Fact...**  
 In the past Labor Day used to be the last fashionable day to wear the color white!

**Tuesday-Sept 6**  
**Spaghetti & Meatballs**  
 w/ Breadstick  
 Chicken Patty on a Bun  
Sides:  
 Vege-licious Salad  
 Celery w/ Hummus/Ranch

**Wednesday-Sept 7**  
**Mini Pancakes**  
 w/sausage  
 Turkey Hoagie  
 Chicken Caesar Salad  
Sides:  
 Hashbrown Potato  
 Toasty Bean Bites

**Thursday-Sept 8**  
**Popcorn Chicken**  
 w/ a Dinner Roll  
 Mini Corn Dogs  
Sides:  
 Poppin Peas & Carrots  
 Broc Bites w/ Hummus/Ranch

**Friday-Sept 9**  
**Personal Pizza**  
 By The Pie (V)  
 Trix Yogurt & Bagel  
 Tuna Hoagie or Salad  
Sides:  
 Julius Caesar Salad  
 Mixed Patch w/Hummus/Dip

**Monday-Sept 12**  
**Grown-Up Grilled Cheese**  
 3 Cheese/Turkey Bacon  
 Cheeseburger on a Bun  
 Chic Garden Sal w/Goldfish  
Sides:  
 Gotta Get Em Green Beans  
 Carrots w/ Hummus/Ranch

**Celiac Awareness Day**  
**Nachos Grande (GF)**  
 w/ Corn Chips & Toppings  
 Chicken Patty on a Bun  
Sides:  
 Super Sweet Corn  
 Celery w/ Hummus/Ranch

**Wednesday-Sept 14**  
**French Toast Sticks**  
 w/Sausage  
 Turkey Hoagie  
 Fiesta Taco Salad  
Sides:  
 Tumblin Tator Tots  
 Toasty Bean Bites

**Wacky Watermelon Day**  
**BBQ Baked Chicken**  
 w/ a Corn Muffin  
 Mini Corn Dogs  
Sides:  
 Baked Beans-Watermelon Pop  
 Broc Bites w/ Hummus/Ranch

**Friday-Sept 16**  
**Pizza Dippers**  
 w/Dippin cup (V)  
 Trix Yogurt & Bagel  
 Tuna Hoagie or Salad  
Sides:  
 Vege-licious Garden Salad  
 Mixed Patch w/Hummus/Dip

**Monday-Sept 19**  
**Bloomin Onion Burger**  
 w/ Onion Ring on Bun  
 Turkey Hoagie  
 Chic Garden Sal w/Goldfish  
Sides:  
 Swirly Curly Fries  
 Carrots w/ Hummus/Ranch

**Tuesday-Sept 20**  
**Popcorn Chicken**  
 w/Breadstick  
 Chicken Patty on a Bun  
Sides:  
 Steamed Veggies-Cookie  
 Celery w/ Hummus/Ranch

**Wednesday-Sept 21**  
**Dutch Waffle**  
 w/Bacon  
 Cheeseburger on a Bun  
 Chicken Caesar Salad  
Sides:  
 Hashbrown Stick  
 Toasty Bean Bites

**1st Day of Fall!**  
**Bacon Chicken Melt**  
 w/ Turkey Bacon & Cheese  
 Mini Corn Dogs  
Sides:  
 Tomato/Cukes Sal-Harvest Pudding  
 Broc Bites w/ Hummus/Ranch

**Friday-Sept 23**  
**French Bread Pizza**  
 By The Slice (V)  
 Trix Yogurt & Bagel  
 Tuna Hoagie or Salad  
Sides:  
 Julius Caesar Salad  
 Mixed Patch w/Hummus/Dip

**Monday-Sept 26**  
**Mozzarella Sticks (V)**  
 w/ Pasta & Parmesan  
 Cheeseburger on a bun  
 Chic Garden Sal w/Goldfish  
Sides:  
 Rainbow Veggie Medley  
 Carrots w/ Hummus/Ranch

**Tuesday-Sept 27**  
**Chicken Tenders**  
 w/ Garlic Bread  
 Chicken Patty on a Bun  
Sides:  
 Crazy Corny Salad  
 Celery w/ Hummus/Ranch

**Wednesday-Sept 28**  
**Chicken Cheesesteak**  
 On a Torpedo Roll  
 Turkey Hoagie  
 Chef Salad  
Sides:  
 Baked Potato Wedges  
 Toasty Bean Bites

**Thursday-Sept 29**  
**Chicken Broccoli Alfredo**  
 Over Penne Pasta  
 Mini Corn Dogs  
Sides:  
 Supreme Side Salad  
 Broc Bites w/ Hummus/Ranch

**Friday-Sept 30**  
**Pizzeria Pizza**  
 By The Slice (V)  
 Trix Yogurt & Bagel  
 Tuna Hoagie or Salad  
Sides:  
 Vege-licious Garden Salad  
 Mixed Patch w/Hummus/Dip