



# January Elem. Lunch Menu St Mary's Williamstown

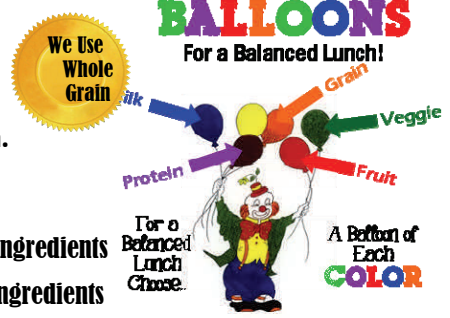


**DAILY ALTERNATES:**  
Cereal & Yogurt (CHICKEN NUGGETS) **GF**  
PB & J Sandwich **V**

**Daily Fruit Offerings:**  
Fresh, Cupped, 100% Juice  
All Salads Come With a Grain.

**Choose 1 Entrée. (3 Daily Specials & 2 Daily Alternates)**

Includes 2 Fruit & 2 Veggie Choices!  
You must choose at least 1 fruit or veggie.



**GF** = Gluten-Free Ingredients  
**V** = Vegetarian Ingredients

**All American Monday!** I ♥ the USA American Classics!  
**Fun Flavors Tuesday!** AKA: Taco Tuesday, Mexican, Asian, Italian  
**Wacky Wednesday!** A School Favorite! The random category!  
**Chicken Lover's Thursday!** Everything & Anything CHICKEN!  
**Pizza Lover's Friday!** Cheesy Pizza By The Slice!

Monday-Jan 2	Tuesday-Jan 3	Nat'l Spaghetti Day!	Thursday-Jan 5	Friday-Jan 6
No School Holiday Break 	<b>Bloomin Onion Burger</b> On a Bun Chicken Patty on a Bun  <u>Sides:</u> Rainbow Veggie Medley Cucumber w/ Ranch	<b>Spaghetti &amp; Meat Sauce</b> w/ Cheesy Garlic Toast Ham & Cheese Hoagie Garden Salad w/ Cheese  <u>Sides:</u> Side Salad Toasty Bean Bites	<b>Chicken Tenders</b> w/ Dinner Roll Hot Dog on a Bun  <u>Sides:</u> Poppin Peas & Carrots Broc Bites w/ Ranch	<b>French Bread Pizza</b> By The Slice <b>V</b> Trix yogurt & Bagel Tuna Hoagie or Salad  <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/Dip
Monday-Jan 9	Tuesday-Jan 10	Wednesday-Jan 11	Thursday-Jan 12	Friday-Jan 13
<b>Mozzarella Sticks</b> <b>V</b> w/ Pasta & Parmesan Cheeseburger on a Bun Chicken Caesar Salad  <u>Sides:</u> Gotta Get Em Green Beans Carrots w/ Ranch	<b>Beef Nachos Grande</b> <b>GF</b> w/ Corn Chips & Toppings Chicken Patty on a Bun  <u>Sides:</u> Super Sweet Corn Cucumber w/ Ranch	<b>Pizza Crunchers</b> w/Dippin Cup Ham & Cheese Hoagie Fiesta Taco Salad  <u>Sides:</u> Mixed Veggies - Pudding Cup Toasty Bean Bites	<b>NEW ITEM!</b> <b>Chicken &amp; Waffles</b> Hot Dog on a Bun Raffle Day  <u>Sides:</u> Roasted Sweet Potatoes Broc Bites w/ Ranch	<b>Pizza Dippers</b> w/ Dippin Cup <b>V</b> Trix Yogurt & Bagel Tuna Hoagie or Salad  <u>Sides:</u> Julius Caesar Salad Mixed Patch w/Dip
Monday-Jan 16	Tuesday-Jan 17	Wednesday-Jan 18	Nat'l Popcorn Day	Friday-Jan 20
<b>NO SCHOOL</b> Martin Luther King Jr. Day "Intelligence plus character- that is the goal of true education." -Dr. Martin Luther King Jr.	<b>Meatball Parmesan</b> On a Torpedo Bun Chicken Patty on a Bun  <u>Sides:</u> Cheesy Broccoli Bake Cucumber w/ Ranch	<b>Dutch Waffle</b> w/Sausage Ham & Cheese Hoagie Garden Salad w/Cheese  <u>Sides:</u> Tasty Tator Tots Toasty Bean Bites	<b>Poppin Popcorn Chicken</b> w/ Bread Stick Hot Dog on a Bun  <u>Sides:</u> Cauliflower Popcorn-Popcorn Treat Broc Bites w/ Ranch	<b>Personal Pizza</b> By The Pie <b>V</b> Trix Yogurt & Bagel Tuna Hoagie or Salad  <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/Dip
Monday-Jan 23	Tuesday-Jan 24	Wednesday-Jan 25	Thursday-Jan 26	Friday-Jan 27
<b>Chick- Cheese Steak</b> On a Torpedo Roll Cheeseburger on a Bun Chicken Caesar Salad  <u>Sides:</u> Rowdy Ranch Fries Carrots w/ Ranch	<b>French Toast Sticks</b> Sausage Patty Chicken Patty on a Bun  <u>Sides:</u> Hashbrown Potato Cucumber w/ Ranch	<b>BBQ Pulled Pork</b> On a Roll Ham & Cheese Hoagie Garden Salad w/Cheese  <u>Sides:</u> Coleslaw & Fun Size Lays Toasty Bean Bites	<b>Popcorn Chicken</b> w/Noodles Hot Dog on a Bun Raffle Day  <u>Sides:</u> Poppin Peas Broc Bites w/ Ranch.	<b>Pizzeria Pizza</b> By The Slice <b>V</b> Trix Yogurt & Bagel Tuna Hoagie or Salad  <u>Sides:</u> Julius Caesar Salad Mixed Patch w/Dip

**Nat'l Blueberry Pancake Day**

**Celebrate Chinese New Year**

**January Fun Days:**

**Pancakes** w/ Blueberries  
w/ Sausage Patty  
Cheeseburger on a Bun  
Chicken Caesar Salad  
  
Sides:  
Tumblin Tator Tots  
Carrots w/ Ranch

**Chicken Stir Fry**  
Over Rice w/ Fortune Cookie  
Chicken Patty on a Bun  
  
Sides:  
Steamed Broccoli  
Cucumber w/ Ranch

**Jan 4th-** Nat'l Pasta Day!  
Enjoy Spaghetti & Meatballs!  
**Jan 19th-** Nat'l Popcorn  
Day! Lunch comes with a bag  
of popcorn!  
**Jan 30th-** Nat'l Blueberry  
Pancake Day.  
**Jan 31st-** Celebrate Chinese  
New Year!

**Lunch Prices:** Regular Lunch \$2.75 Extra  
Entrée: \$1.75 Reduced: \$0.40 Water: \$0.60  
Milk: \$0.60 \*Menu subject to change.  
Food Service Director: Debbie Spasari  
SMW@nsfm.com Phone: 856-629-6419 Look for snacks,  
nutrition & menu descriptions posted on the school website!

Milk: Skim White, Fat-Free Chocolate, Fat-Free Strawberry, 1% White, Lactaid  
**This institution is an equal opportunity provider.**