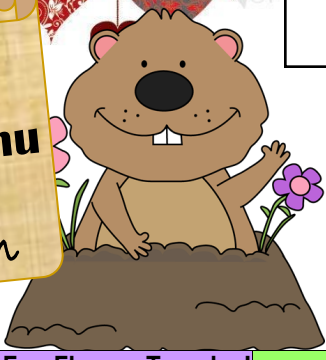




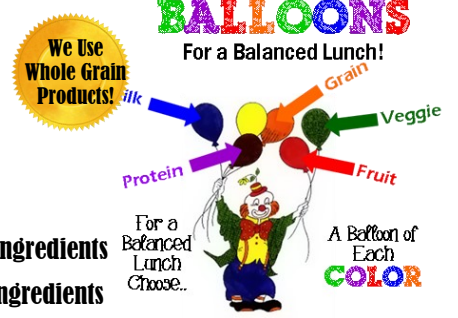
February Elem. Lunch Menu St Mary's Williamstown



DAILY ALTERNATES:
Cereal & Yogurt
(PB & J Sandwich)
Chicken Nuggets

Choose 1 Entrée. (3 Daily Specials & 2 Daily Alternates)
Includes 2 Fruit & 2 Veggie Choices!
You must choose at least 1 fruit or veggie.

Daily Fruit Offerings:
Fresh, Cupped, 100% Juice
All Salads Come With a Grain.



GF = Gluten-Free Ingredients
V = Vegetarian Ingredients

All American Monday! I LOVE the USA American Classics!
Fun Flavors Tuesday! AKA: Taco Tuesday Mexican, Asian, Italian
Wacky Wednesday! A School Favorite! The random category!
Chicken Lover's Thursday! Everything & Anything CHICKEN!
Pizza Lover's Friday! Cheesy Pizza By The Slice!

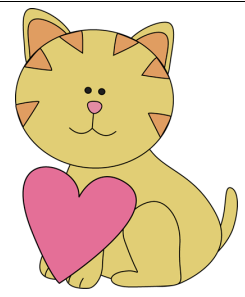
<p>February Fun Days: Feb 2nd—Groundhog Day! Look for a groundhog surprise. Feb 6th—Super Bowl Monday! Feb 14th—Valentine's Day— Lunch includes a lovely treat! Feb 27th—Nat'l Strawberry Day! Lunch includes a parfait.</p>	<p>Wednesday-Feb 1 Pizza Crunchers w/Dippin cup Ham & Cheese Hoagie Chef Salad <u>Sides:</u> Steamed Carrots Toasty Bean Bites</p>	<p>Groundhog Day! Chicken Tenders w/ Pasta Cheeseburger on a Bun <u>Sides:</u> Peas-Groundhog Pudding Broc Bites w/ Ranch</p>	<p>Friday-Feb 3 French Bread Pizza By The Slice Trix Yogurt & Bagel Tuna Hoagie <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/ Ranch</p>
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<p>Super Bowl Monday! Touch Down Mini Corn Dogs Chicken Patty on a Bun Buffalo Chicken Salad <u>Sides:</u> Baked Beans-Small Chips Carrots w/ Ranch</p>	<p>Tuesday-Feb 7 Nachos Grande w/ Corn Chips & Toppings Grilled Cheese Sandwich <u>Sides:</u> Super Sweet Corn Cucumber w/ Ranch</p>	<p>Wednesday-Feb 8 Mini Pancakes w/ Bacon Ham & Cheese Hoagie Fiesta Taco Salad <u>Sides:</u> Hash Brown Potato Toasty Bean Bites</p>	<p>Thursday-Feb 9 Chicken Parmesan On a Roll Cheeseburger on a Bun Raffle Day <u>Sides:</u> Mega Mashed Potatoes Broc Bites w/ Ranch</p>	<p>Friday-Feb 10 Pizza Dippers w/Dippin Cup Trix Yogurt & Bagel Tuna Hoagie <u>Sides:</u> Julius Caesar Salad Mixed Patch w/ Ranch</p>
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<p>Monday-Feb 13 Popcorn Chicken w/ Noodles Hot Dog on a Bun Chicken Caesar Salad <u>Sides:</u> Gotta Get Em Green Beans Carrots w/ Ranch</p>	<p>Valentine's Day! Chicken Fajita Over Rice Turkey & Cheese Sandwich <u>Sides:</u> Broccoli-Sweetheart Jello Cup Cucumber w/ Ranch</p>	<p>Wednesday-Feb 15 Dutch Waffle w/Sausage Ham & Cheese Hoagie Chef Salad <u>Sides:</u> Potato Wedges Toasty Bean Bites</p>	<p>Thursday-Feb 16 Turkey Bacon Chic Melt On a Kaiser Cheeseburger on a Bun <u>Sides:</u> Super Sweet Corn Broc Bites w/ Ranch</p>	<p>Friday-Feb 17 Pizzeria Pizza By The Slice Trix Yogurt & Bagel Tuna Hoagie <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/ Ranch</p>
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<p>Monday-Feb 20 NO SCHOOL President's Day Celebrated on the 3rd day in Feb, President's Day was created with the intent of recognizing the birthdays of George Washington & Abraham Lincoln which fall a couple of days apart in Feb!</p>	<p>Tuesday-Feb 21 Spaghetti w/Meatballs Grilled Cheese Sandwich <u>Sides:</u> Garlic Bread Stick Cucumber w/ Ranch</p>	<p>Wednesday-Feb 22 French Toast Sticks w/Sausage Ham & Cheese Hoagie Chef Salad <u>Sides:</u> Toasty Tator Tots Toasty Bean Bites</p>	<p>Thursday-Feb 23 Popcorn Chicken w/ a Biscuit Cheeseburger on a Bun Raffle Day <u>Sides:</u> Rainbow Veggie Medley Broc Bites w/ Ranch.</p>	<p>Friday-Feb 24 Personal Pizza By The Pie Trix Yogurt & Bagel Tuna Hoagie <u>Sides:</u> Julius Caesar Salad Mixed Patch w/ Ranch</p>
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<p>Nat'l Strawberry Day! Bacon Cheeseburger On a Roll Chicken Patty on a Bun Buffalo Chicken Salad <u>Sides:</u> Baked Fries-Mini Berry Parfait Carrots w/ Ranch</p>	<p>Tuesday-Feb 28 Chicken Quesadilla w/ Salsa Turkey & Cheese Sandwich <u>Sides:</u> Super Steamed Spinach Cucumber w/ Ranch</p>
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Lunch Prices: Regular Lunch \$2.75 Extra
Entrée: \$1.75 Reduced: \$0.40 Water : \$0.60
Milk: \$0.60 *Menu subject to change.
Food Service Director: Debbie Spasari
smw@nsfm.com Phone: 856-629-6419 Look for snacks, nutrition & menu descriptions posted on the school website!

Milk: Skim White, Fat-Free Chocolate, Fat-Free Strawberry, 1% White, Lactaid
This institution is an equal opportunity provider.