

SCHOOL LUNCH
SHOW YOUR SPIRIT!
October Elem. Lunch Menu
 St Mary's Williamstown

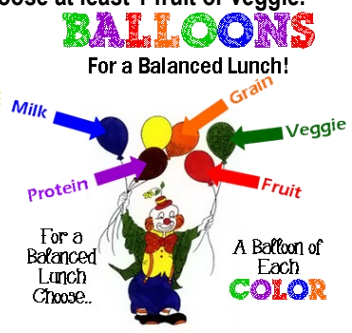


DAILY ALTERNATES:
 Cereal & Yogurt (GF)
 (CHICKEN NUGGETS)
 PB & J Sandwich (V)

Choose 1 Entrée. (3 Daily Specials & 2 Daily Alternates)

Includes 2 Fruit & 2 Veggie Choices!
 You must choose at least 1 fruit or veggie.

We Use Whole Grain Products!



Daily Fruit Offerings:
 Fresh, Cupped, 100% Juice
 All Salads Come With a Grain.

(V) = Vegetarian Ingredients (GF) = Gluten-Free Ingredients

All American Monday! I ♡ the USA American Classics!	Fun Flavors Tuesday! AKA: Taco Tuesday, Mexican, Asian, Italian	Wacky Wednesday! A School Favorite! The random category!	Chicken Lover's Thursday! Everything & Anything CHICKEN!	Pizza Lover's Friday! Cheesy Pizza By The Slice!
Monday-October 2 Mini Pancakes w/Sausage Patty Chicken Patty on a Bun Spinach Salad w/Bac.& Egg <u>Sides:</u> Hashbrown Carrots w/ Ranch	Tuesday-October 3 Chicken Parmesan w/Pasta & Marinara Sauce Hot Dog on a Bun <u>Sides:</u> Caesar Salad Celery w/ Ranch	Wednesday-October 4 Soft Shell Tacos w/Lettuce, tomato & Salsa Ham & Cheese Sandwich Turkey Club Salad <u>Sides:</u> Super Sweet Corn Toasty Bean Bites	Thursday-October 5 Popcorn Chicken w/ a Dinner Roll Cheeseburger on a Bun Raffle Day !!! <u>Sides:</u> Creamy Mac & Cheese Broccoli Bites w/ Ranch	Friday-October 6 Personal Pizza By The Pie (V) Trix Yogurt & Bagel Tuna Hoagie or Salad <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/Dip
Monday-October 9 No School Columbus Day 	Tuesday-October 10 Chicken Quesadilla w/Salsa & Sour Cream Hotdog on a Bun <u>Sides:</u> Veggie Medley Celery w/ Ranch	Wednesday-October 11 Pizza Crunchers w/Dippin Cup Ham & Cheese Sandwich Turkey Club Salad <u>Sides:</u> Cucumber Tomato Salad TEAM Toasty Bean Bites	Thursday-October 12 Chicken & Waffles w/Syrup Cup Cheeseburger on a Bun <u>Sides:</u> Tumblin Tator Tots Broccoli Bites w/ Ranch	Friday-October 13 SHOW SOME PRIDE! French Bread Pizza Trix Yogurt & Bagel Tuna Hoagie or Salad <u>Sides:</u> CHEERFUL Caesar Salad Mixed Patch w/Dip
Monday-October 16 Philly Cheese Steak On a Torpedo Roll Chicken Patty on a Bun Spinach Salad w/Bac.& Egg <u>Sides:</u> Rowdy Ranch Fries Carrots w/Ranch	Tuesday-October 17 Nachos Grande w/All the Fixins Hotdog on a Bun <u>Sides:</u> Steamed Rice & Corn Celery w/ Ranch	Wednesday-October 18 Pizza Dippers w/Dippin Cup Ham & Cheese Sandwich Turkey Club Salad <u>Sides:</u> Garden Salad w/Cheese Toasty Bean Bites	Thursday-October 19 Chicken Tenders w/ Bread Stick Cheeseburger on a Bun RAFFLE DAY !!!! <u>Sides:</u> Mashed Potatoes Broccoli Bites w/ Ranch	Friday-October 20 No School Teacher In-Service
Monday-October 23 Dutch Waffle w/Sausage Link Chicken Patty on a Bun Spinach Salad w/Bac.& Egg <u>Sides:</u> Potatoe Wedges Carrots w/ Ranch	Tuesday-October 24 Popcorn Chicken w/ Garlic Noodles Hotdog on a Bun <u>Sides:</u> Veggie Medley Celery w/ Ranch	Wednesday-October 25 Rib-E-Que On a Roll Ham & Cheese Sandwich Turkey Club Salad <u>Sides:</u> Macaroni Salad Toasty Bean Bites	Thursday-October 26 Chic. Cheese Steak On a Torpedo Roll Cheeseburger on a Bun <u>Sides:</u> Baked Fries & Pumpkin Twister Broccoli Bites w/ Ranch	Friday-October 27 Pizzeria Pizza By The Slice (V) Trix Yogurt & Bagel Tuna Salad or Hoagie <u>Sides:</u> Julius Caesar Salad Mixed Patch w/Dip
Monday-October 30 BBQ Chicken w/a Dinner Roll Chicken Patty on a Bun Spinach Salad w/Bac. & Egg <u>Sides:</u> Baked Beans & Lay's Chips Carrots w/ Ranch	Happy Halloween Spooky Spaghetti & Meatballs w/Garlic toast Hot Dog on a Bun Sides: RAFFLE DAY Veggies & Candy Corn Parfait. Celery Sticks Fruit Choice 	Lunch Prices: Regular Lunch \$2.85 Extra Entrée: \$1.75 Reduced: \$0.40 Milk: \$0.60 *Menu subject to change. Food Service Director: Debbie Spasari smw@nsfm.com Phone: 856-629-6419 Look for snacks, nutrition & menu descriptions posted on the school website! Milk: Skim White, Fat-Free Chocolate, Fat-Free Strawberry, 1% White, Lactaid This institution is an equal opportunity provider.		