



Hero

May Elem. Lunch Menu
St Mary's Williamstown



We Use Whole Grain Products!

Choose 1 Entrée. (3 Daily Specials & 2 Daily Alternates)
Includes 2 Fruit & 2 Veggie Choices!
You must choose at least 1 fruit or veggie.

DAILY ALTERNATES:
Chex Cereal & Yogurt (GF)
(PB & J Sandwich)
Chicken Nuggets (V)

Daily Fruit Offerings:
Fresh, Cupped, 100% Juice
All Salads Come With a Grain.

BALLOONS
For a Balanced Lunch!

For a Balanced Lunch Choose...
A Balloon of Each COLOR

(V) = Vegetarian Ingredients (GF) = Gluten-Free Ingredients

NEW Meatless Monday

Fun Flavors Tuesday!
AKA: Taco Tuesday, Mexican, Asian, Italian

Wacky Wednesday!
A School Favorite! The random category!

Chicken Lover's Thursday!
Everything & Anything CHICKEN!

Pizza Lover's Friday!
Cheesy Pizza By The Slice!

Lunch Prices:
Regular Lunch
\$2.85 Extra Entrée:
\$1.75 Reduced:
\$0.40 Water: \$0.60
Milk: \$0.60 *Menu subject to change.

Tuesday-May 1
Three Cheese Burger
On a Bun
Hot Dog on a Bun
Sides:
Homestyle Baked Beans
Carrots w/ Hummus/Ranch

Wednesday-May 2
Dutch Waffle
w/Sausage
Turkey & Cheese Hoagie
Chef Salad
Sides:
Baked Sweet Potato Fries
Celery w/ Hummus/Ranch

Thursday-May 3
Popcorn Chicken
w/Breadstick
BBQ Pork on a Torpedo
Raffle Day
Sides:
Gotta get em Greenbeans
Broc Bites w/ Hummus/Ranch

Friday-May 4
Pizza Dippers
w/Dippin Cup (V)
Trix Yogurt & Bagel
Tuna Hoagie or Salad
Sides:
Vege-licious Garden Salad
Mixed Patch w/Hummus/Dip

Monday-May 7

Celebrate Cinco De Mayo!

Wednesday-May 9

Thursday-May 10

Friday-May 11

Meatless Monday (V)
Baked Ziti w/Roll
Chicken Patty on a Bun
Chicken Caesar Salad
Sides:
Veggie-licious Salad
Meat-Free Chickpea Salad

Nachos Grande (GF)
w/ Corn Chips & Toppings
Chicken Cheese Steak
Sides:
Seasoned Corn-Churro
Carrots w/ Hummus/Ranch

Pizza Crunchers
Filled w/Sauce & Cheese
Ham & Cheese Sandwich
Fiesta Taco Salad
Sides:
Steamed Spinach
Celery w/ Hummus/Ranch

Chicken Tenders
w/Noodles
Cheeseburger on a Bun
Sides:
Cheesy Broccoli
Broc Bites w/ Hummus/Ranch

Personal Pizza
By The Pie (V)
Trix Yogurt & Bagel
Tuna Hoagie or Salad
Sides:
Julius Caesar Salad
Mixed Patch w/Hummus/Dip

Nat'l Buttermilk Biscuit Day!

Tuesday-May 15

National BBQ Day!

Thursday-May 17

Friday-May 18

Mini Pancakes (V)
w/ Syrup Cup
Chicken Patty on a Biscuit
Chicken Caesar Salad
Sides:
Wedge Fries-Berries-N-Cream
Meat-Free Chickpea Salad

Chicken Quesadilla
w/Toppings
Rib-e-Cue on a Roll
Sides:
Mexican Corn
Carrots w/ Hummus/Ranch

Hot Dog On a Roll
w/ Summer Fun Pasta Salad
Turkey & Cheese Hoagie
Chef Salad
Sides:
Baked Beans & Chips
Celery w/ Hummus/Ranch

Popcorn Chicken
w/Garlic Breadstick
Cheeseburger on a Bun
Raffle Day
Sides:
Diced Carrots
Broc Bites w/ Hummus/Ranch

Pizzeria Pizza
By The Slice (V)
Trix Yogurt & Bagel
Tuna Hoagie or Salad
Sides:
Vege-licious Garden Salad
Mixed Patch w/Hummus/Dip

Monday-May 21

Tuesday-May 22

Wednesday-May 23

Thursday-May 24

Friday-May 25

Mozzarella Sticks (V)
w/ Pasta
Chicken Patty on a Bun
Chicken Caesar Salad
Sides:
Gotta Get Em Green Beans
Meat-Free Chickpea Salad

Hot Turkey Dinner
On a Torpedo
Hot Dog on a Bun
Sides:
Mashed Potatoes
Carrots w/ Hummus/Ranch

Meatball Parm
On a Torpedo Roll
Ham & Cheese Sandwich
Chef Salad
Sides:
Coleslaw & Strawberry Cup
Celery w/ Hummus/Ranch

Chicken & Waffles
w/Sausage
Cheeseburger on a Bun
Sides:
Curly Fries
Broc Bites w/ Hummus/Ranch

French Bread Pizza
By The Slice (V)
Trix Yogurt & Bagel
Tuna Hoagie
Sides:
Julius Caesar Salad
Mixed Patch w/Hummus/Dip

Monday-May 28

Celebrate Memorial Day!

Wednesday-May 30

Thursday-May 31

Memorial Day No School
"My fellow Americans, ask not what your country can do for you— ask what you can do for your country!"
-John F. Kennedy

All American Rib-e-Cue on a Roll
Hot Ham & Cheese on a Kaiser
Patriotic Raffle
Sides:
Peas-Patriotic Parfait
Carrots w/ Hummus/Ranch

French Toast Sticks
w/Sausage
Turkey & Cheese Hoagie
Chef Salad
Sides:
Tumblin Tator Tots
Celery w/ Hummus/Ranch

Popcorn Chicken
w/Breadstick
Cheeseburger on a Bun
Sides:
Steamed Broccoli
Broc Bites w/ Hummus/Ranch

Food Service Director:
Debbie Spasari
SMW@nsfm.com Phone: 856-629-6419
Milk: Skim White, Chocolate, Strawberry, 1% White, Lactaid
This institution is an equal opportunity provider.