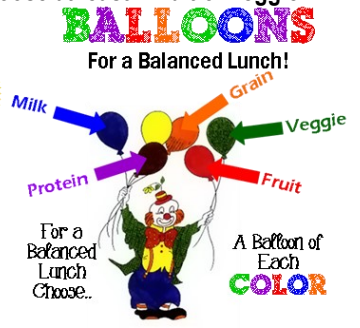


**Elem. Lunch Menu**  
St Mary's  
Williamstown

**DAILY ALTERNATES:**  
Cereal & Yogurt (GF)  
(PB & J Sandwich)  
Chicken Nuggets (V)

**Choose 1 Entrée. (3 Daily Specials & 2 Daily Alternates)**  
Includes 2 Fruit & 2 Veggie Choices!  
You must choose at least 1 fruit or veggie.

**We Use Whole Grain Products!**



**Daily Fruit Offerings:**  
Fresh, Cupped, 100% Juice  
All Salads Come With a Grain.

(V) = Vegetarian Ingredients (GF) = Gluten-Free Ingredients

NEW Meatless Monday	Fun Flavors Tuesday! AKA: Taco Tuesday, Mexican, Asian, Italian	Wacky Wednesday! A School Favorite! The random category!	Chicken Lover's Thursday! Everything & Anything CHICKEN!	Pizza Lover's Friday! Cheesy Pizza By The Slice!
Labor Day- No School!	Tuesday-September 4	Wednesday-September 5	Thursday-September 6	Friday-September 7
		<p><b>Dutch Waffle</b> w/Sausage Ham &amp; Cheese Hoagie Garden Salad w/Cheese <u>Sides:</u> Tumblin Tator Tots <b>Celery w/ Hummus/Ranch</b></p>	<p><b>Popcorn Chicken</b> w/ Garlic Bread Stick Cheeseburger On a Bun <u>Sides:</u> Greatest Glazed Carrots <b>Broc Bites w/ Hummus/Ranch</b></p>	<p><b>Frenchbread Pizza</b> By The Slice (V) Trix yogurt &amp; Bagel Tuna Salad or Hoagie <u>Sides:</u> Julius Caesar Salad <b>Mixed Patch w/Hummus/Dip</b></p>
<p><b>Monday-September 10</b> <b>Meat-Free (V)</b> <b>Macaroni &amp; Cheese</b> Chicken Patty on a Bun Chicken Caesar Salad <u>Sides:</u> Gotta Get Em Green Beans <b>Meat-Free Chic Pea Salad</b></p>	<p><b>Tuesday-September 11</b> <b>Nachos Grande (GF)</b> w/ Corn Chips &amp; Toppings Cheeseburger on a Bun <u>Sides:</u> Super Sweet Corn <b>Carrots w/ Hummus/Ranch</b></p>	<p><b>Wednesday-September 12</b> <b>Mini Pancakes</b> w/Sausage Patty Ham &amp; Cheese Hoagie Fiesta Taco Salad <u>Sides:</u> Baked French fried Potatoes <b>Celery w/ Hummus/Ranch</b></p>	<p><b>Thursday-September 13</b> <b>Chicken Tenders</b> w/ Dinner Roll Hot Dog on a Bun Welcome Back Raffle <u>Sides:</u> Sweet Potatoes <b>Broc Bites w/ Hummus/Ranch</b></p>	<p><b>Friday-September 14</b> <b>Pizza Dippers</b> w/Dippin Cup (V) Trix Yogurt &amp; Bagel Tuna Salad or Hoagie <u>Sides:</u> Vege-licious Garden Salad <b>Mixed Patch w/Hummus/Dip</b></p>
<p><b>Monday-September 17</b> <b>Cheese Omelet (V)</b> w/ a Biscuit Chicken Patty on a Bun Chicken Caesar Salad <u>Sides:</u> Curly Fries-Chocolate Mousse <b>Meat-Free Chic Pea Salad</b></p>	<p><b>Tuesday-September 18</b> <b>Monte Cristo Club</b> Ham, Bacon, Cheese, French Toast Cheeseburger on a Bun <u>Sides:</u> Potato Smiles <b>Carrots w/ Hummus/Ranch</b></p>	<p><b>Wednesday-September 19</b> <b>Rib-E-Cue</b> On Torpedo Roll Ham &amp; Cheese Hoagie Chef Salad <u>Sides:</u> Gotta Get Em Green Beans <b>Celery w/ Hummus/Ranch</b></p>	<p><b>Thursday-September 20</b> <b>Popcorn Chicken</b> w/ Bread Stick Hot Dog on a Bun <u>Sides:</u> Tomato &amp; Cucumber Salad <b>Broc Bites w/ Hummus/Ranch</b></p>	<p><b>Friday-September 21</b> <b>Celebrate 1st Day of Fall!</b> <b>Personal Pizza</b> By The Pie (V) Trix Yogurt &amp; Bagel Tuna Salad or Hoagie <u>Sides:</u> Caesar Salad-Harvest Pudding <b>Mixed Patch w/Hummus/Dip</b></p>
<p><b>Monday-September 24</b> <b>Mozzarella Sticks (V)</b> w/ Pasta &amp; Parmesan Chicken Patty on a Bun Chicken Caesar Salad <u>Sides:</u> Rainbow Veggie Medley <b>Meat-Free Chic Pea Salad</b></p>	<p><b>Tuesday-September 25</b> <b>Taco Twins (GF)</b> w/ Corn Shells &amp; Cheeseburger on a Bun <u>Sides:</u> Super Succotash <b>Carrots w/ Hummus/Ranch</b></p>	<p><b>Wednesday-September 26</b> <b>French Toast Sticks</b> w/Sausage Ham &amp; Cheese Hoagie Fiesta Taco Salad <u>Sides:</u> Hash Browns <b>Celery w/ Hummus/Ranch</b></p>	<p><b>Thursday-September 27</b> <b>Chicken Broccoli Alfredo</b> Over Penne Pasta Hot Dog on a Bun <u>Sides:</u> Supreme Side Salad <b>Broc Bites w/ Hummus/Ranch</b></p>	<p><b>Friday-September 28</b> <b>Pizzeria Pizza</b> By The Slice (V) Trix Yogurt &amp; Bagel Tuna Salad or Hoagie <u>Sides:</u> Vege-licious Garden Salad <b>Mixed Patch w/Hummus/Dip</b></p>
<p><b>MEATLESS Monday</b> Join The Revolution! A MENU 4 CHANGE! No Meat? No Problem. Every Monday... Nutri-Serve's Featured Entrée will be Meat-Free, and GREEN on the menu.</p>			<p><b>Lunch Prices: Regular Lunch \$2.85 Extra</b> <b>Entrée: \$1.75 Reduced: \$0.40 Water: \$0.60</b> <b>Milk: \$0.60</b> *Menu subject to change. Food Service Director: Debbie Spasari smw@nsfm.com Phone: 856-629-6419 Look for snacks, nutrition &amp; menu descriptions posted on the school website!</p> <p><b>This institution is an equal opportunity provider.</b> <b>Milk:</b> Skim White, Chocolate, Strawberry, 1% White, Lactaid</p>	