



DECEMBER

Elem. Lunch Menu St Mary's Williamstown



We Use Whole Grain Products!

DAILY ALTERNATES:
Cereal & Yogurt (GF)
(PB & J Sandwich)
Chicken Nuggets (V)

Daily Fruit Offerings:
Fresh, Cupped, 100% Juice
All Salads Come With a Grain.

Choose 1 Entrée.
(3 Daily Specials & 2 Daily Alternates for the Month)
Lunch Includes:
Protein ~ Grain ~ Fruit
Veggie ~ Milk
Choose at least 3 out of 5 components.
You must choose at least 1 fruit or veggie.
You may take 2 Fruit & 2 Veggie Choices!

(V) = Vegetarian Ingredients (GF) = Gluten-Free Ingredients

NEW Meatless Monday	Fun Flavors Tuesday! AKA: Taco Tuesday, Mexican, Asian, Italian	Wacky Wednesday! A School Favorite! The random category!	Chicken Lover's Thursday! Everything & Anything CHICKEN!	Pizza Lover's Friday! Cheesy Pizza By The Slice!
Monday-December 3	Nat'l Cookie Day!	Wednesday-December 5	Thursday-December 6	Friday-December 7
Grilled Cheese (3 Cheeses) w/ Tomato Soup (V) Hot Dog on a Bun Buffalo Chicken Salad <u>Sides:</u> Steamed Broccoli Hummus w/Chips	Nachos Grande w/ Corn Chips & Toppings Chicken Patty on a Bun <u>Sides:</u> Corn- Peppermint Cookie Carrots w/ Sweet Potato Hummus	Mini Pancakes w/Sausage Ham & Cheese Hoagie Garden Salad w/Cheese <u>Sides:</u> Tator Tots Celery w/ Ranch	Chicken Cheese steak On a Torpedo Cheeseburger On a Bun <u>Sides:</u> Poppin Peas Broc Bites w/ Ranch	Pizza Dippers w/Dippin Cup (V) Trix Yogurt & Bagel Tuna Hoagie or Salad <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/ Ranch
Monday-December 10	Tuesday-December 11	Wednesday-December 12	Cel. Biscuit & Gravy Day!	Friday-December 14
Stuff Crust Pizza (V) By the Slice Hot Dog on a Bun Buffalo Chicken Salad <u>Sides:</u> Steamed Carrots Hummus w/Chips	Chicken Fajita Over Rice Chicken Patty on a Bun <u>Sides:</u> Gotta Get Em Green Beans Carrots w/ Sweet Potato Hummus	Rib-E-Cue On a Torpedo Ham & Cheese Hoagie Garden Salad w/Cheese <u>Sides:</u> Vegetarian Beans Celery w/ Ranch	Chicken Tenders w/ a Dinner Roll Cheeseburger on a Bun Raffle Day <u>Sides:</u> Shoestring Potatoes Broc Bites w/ Ranch	Personal Pizza By The Pie (V) Trix Yogurt & Bagel Tuna Hoagie or Salad <u>Sides:</u> Julius Caesar Salad Mixed Patch w/ Ranch
Monday-December 17	Tuesday-December 18	Wednesday-December 19	Thursday-December 20	1st Day of Winter!
Pizza Crunchers (V) Filled w Sauce & Cheese Hot Dog on a Bun Buffalo Chicken Salad <u>Sides:</u> Steamed Broccoli Hummus w/Chips	Popcorn Chicken w/ Breadstick Chicken Patty on a Bun <u>Sides:</u> Sweet Corn Carrots w/ Sweet Potato Hummus	French Toast Sticks w/Sausage Ham & Cheese Hoagie Garden Salad w/Cheese <u>Sides:</u> Hash brown Patty Bites Celery w/ Ranch	French bread Pizza By the Slice Trix Yogurt & Bagel Tuna Hoagie or Salad <u>Sides:</u> Garden Salad-Winter Brownie Broc Bites w/ Ranch	NO Lunch Served 12:15 Dismissal Start of Christmas Break Have a Very Merry Christmas
Have a Great Christmas Break! December 24- January 1	See a preview of JANUARY'S Menu! 	Wednesday-January 2	Thursday-January 3	Friday-January 4
		Dutch Waffle w/Sausage Ham & Cheese Sandwich Garden Salad w/ Chicken <u>Sides:</u> Tator Tots Celery w/ Ranch	Popcorn Chicken w/ Pasta & Parmesan Cheeseburger on a Bun <u>Sides:</u> Gotta Get Em Green Beans Broc Bites w/ Ranch	Pizzeria Pizza (V) By The Slice Trix Yogurt & Bagel Tuna Hoagie or Salad <u>Sides:</u> Julius Caesar Salad Mixed Patch w/ Ranch

Lunch Prices: Regular Lunch \$2.85 Extra
Entrée: \$1.75 Reduced: \$0.40 Water: \$0.60
Milk: \$0.60 *Menu subject to change.
Food Service Director: Debbie Spasari
SMW@nsfm.com Phone: 856-629-6419 Look for snacks,
nutrition & menu descriptions posted on the school website!



Milk: Skim White, Chocolate, Strawberry, 1% White, Lactaid
This institution is an equal opportunity provider.