



March

Elem. Lunch Menu St Mary's Williamstown



We Use Whole Grain Products!

DAILY ALTERNATES:
Chex Cereal & Yogurt (GF)
CHICKEN NUGGETS
PB & J Sandwich (V)

Daily Fruit Offerings:
Fresh, Cupped, 100% Juice
All Salads Come With a Grain.

Choose 1 Entrée.
(3 Daily Specials & 2 Daily Alternates for the Month)
Lunch Includes:
Protein ~ Grain ~ Fruit
Veggie ~ Milk
Choose at least 3 out of 5 components.
You must choose at least 1 fruit or veggie.
You may take 2 Fruit & 2 Veggie Choices!

(V) = Vegetarian Ingredients (GF) = Gluten-Free Ingredients

NEW Meatless Monday	Fun Flavors Tuesday! AKA: Taco Tuesday, Mexican, Asian, Italian	Wacky Wednesday! A School Favorite! The random category!	Chicken Lover's Thursday! Everything & Anything CHICKEN!	Pizza Lover's Friday! Cheesy Pizza By The Slice!
<p>Lunch Prices: Regular Lunch \$2.85 Extra Entrée: \$1.75 Reduced: \$0.40 Water: \$0.60 Milk: \$0.60 *Menu subject to change. Food Service Director: Debbie Spasari smw@nsfm.com Phone: 856-629-6419 Look for snacks, nutrition & menu descriptions posted on the school website!</p> <p>Milk: Skim White, Skim Chocolate, Skim Strawberry, 1% White, Lactaid</p> <p>This institution is an equal opportunity provider.</p>			<p>Friday-March 1 Pizza Dippers w/Dippin Cup (V) Trix Yogurt & Bagel Tuna Hoagie or Salad Sides: Caesar Salad Mixed Patch w/ Ranch</p>	<p>Friday-March 8 Pizzeria Pizza By The Slice (V) Trix Yogurt & Bagel Tuna Hoagie or Salad Sides: Garden Salad Mixed Patch w/ Ranch</p>
<p>Dr. Seuss Day! Gr.Egg&Ham Bagel w/ 1 Fish, 2 Fish Goldfish Crackers Hot Dog on a Bun Chicken Garden Salad Sides: Smiley Fries Cucumber Hummus w/ Chips</p>	<p>Tuesday-March 5 Turkey w/ Gravy On a Torpedo or w/ a Roll Chicken Patty on a Bun Sides: Mashed Potatoes Carrots w/ Cucumber Hummus</p>	<p>Ash Wednesday! Mozzarella Sticks w/ Pasta & Parmesan Grilled Cheese Sandwich Garden Salad Sides: Greenbeans & Salad Cucumbers w/ Ranch</p>	<p>Thursday-March 7 Chicken Tenders w/ Dinner Roll Bacon Cheeseburger On a Bun Sides: Poppin Peas & Carrots Broc Bites w/ Ranch</p>	<p>Friday-March 8 Pizzeria Pizza By The Slice (V) Trix Yogurt & Bagel Tuna Hoagie or Salad Sides: Garden Salad Mixed Patch w/ Ranch</p>
<p>Monday-March 11 Macaroni & Cheese (V) Hot Dog on a Bun Chicken Garden Salad Sides: Steamed Broccoli Cucumber Hummus w/ Chips</p>	<p>Tuesday-March 12 Nachos Grande (GF) w/ Corn Chips & Toppings Chicken Patty on a Bun Sides: Super Sweet Corn Carrots w/ Cucumber Hummus</p>	<p>Nat'l Chic Noodle Soup Day! Hot Ham/Cheese Sand. w/ Chicken Noodle Soup Turkey & Cheese Hoagie Fiesta Taco Salad Sides: Potato Salad Cucumbers w/ Ranch</p>	<p>Thursday-March 14 Popcorn Chicken w/ Breadstick Cheeseburger on a Bun Raffle Day Sides: Rainbow Veggie Medley Broc Bites w/ Ranch</p>	<p>St. Patty's Day! French Bread Pizza By The Slice (V) Trix Yogurt & Bagel Tuna Hoagie or Salad Sides: Lucky Jello- Caesar Salad Mixed Patch w/ Ranch</p>
<p>Monday-March 18 3 Cheese Grilled Cheese w/ Tomato Soup Hot Dog on a Bun Chicken Garden Salad Sides: Gotta Get Em Green Beans Cucumber Hummus w/ Chips</p>	<p>Tuesday-March 19 Pizza Crunchers w/Cheese & Sauce Chicken Patty on a Bun Sides: Garlic & Parmesan Wedges Carrots w/ Cucumber Hummus</p>	<p>1st Day of Spring! Mini Pancakes w/Syrup Cup Ham & Cheese Sandwich Chef Salad Sides: Brownie & Tator Tots Cucumbers w/ Ranch</p>	<p>Thursday March 21 Chicken Cheesesteak On a Torpedo Roll Rib-E-Cue on a Roll Sides: Cheesy Spinach Broc Bites w/ Ranch</p>	<p>Friday-March 22 Personal Pizza By The Pie (V) Trix Yogurt & Bagel Tuna Hoagie or Salad Sides: Garden Salad Mixed Patch w/ Ranch</p>
<p>International Waffle Day! Dutch Waffle (V) w/ Sausage Hot Dog on a Bun Chicken Garden Salad Sides: Home Fries-Mixed Berry Cup Cucumber Hummus w/ Chips</p>	<p>Tuesday-March 26 Popcorn Chicken w/ Breadstick Mini Corn Dogs Sides: Super Sweet Corn Carrots w/ Cucumber Hummus</p>	<p>Wednesday-March 27 Spaghetti w/Meatballs Turkey & Cheese Sandwich Chef Salad Sides: Garden Salad Cucumbers w/ Ranch</p>	<p>Thursday-March 28 Chicken Quesadilla w/ Toppings Cheeseburger on a Bun Raffle Day Sides: Rainbow Veggie Medley Broc Bites w/ Ranch</p>	<p>Friday-March 29 Pizzeria Pizza By The Slice (V) Trix Yogurt & Bagel Tuna Hoagie or Salad Sides: Caesar Salad Mixed Patch w/ Ranch</p>