



DAILY ALTERNATES:

- Cereal & Yogurt (GF)
- (CHICKEN NUGGETS)
- PB & J Sandwich (V)



Daily Fruit Offerings:
Fresh, Cupped, 100% Juice
All Salads Come With a Grain.

Choose 1 Entrée.
(3 Daily Specials & 2 Daily Alternates for the Month)
Lunch Includes:
Protein ~ Grain ~ Fruit
Veggie ~ Milk
 Choose at least 3 out of 5 components.
 You must choose at least 1 fruit or veggie.
 You may take 2 Fruit & 2 Veggie Choices!

December
Elem. Lunch Menu
 St Mary's
 Williamstown



(V) = Vegetarian Ingredients (GF) = Gluten-Free Ingredients

NEW Meatless Monday	Fun Flavors Tuesday! AKA: Taco Tuesday, Mexican, Asian, Italian	Wacky Wednesday! A School Favorite! The random category!	Chicken Lover's Thursday! Everything & Anything CHICKEN!	Pizza Lover's Friday! Cheesy Pizza By The Slice!
Monday-December 2	Tuesday-December 3	National Cookie Day!	Thursday-December 5	Friday-December 6
Cheese Omelet (V) w/ a Corn Muffin Cheeseburger on a Bun Winter Pear Salad <u>Sides:</u> Sweet Potato Fries Buffalo Hummus w/ Chips	Nachos Grande (GF) w/ Corn Chips & Toppings Chicken Patty on a Bun <u>Sides:</u> Golden Corn Carrots w/ Buffalo Hummus	Mini Pancakes w/Sausage Ham & Cheese Sandwich Fiesta Taco Salad <u>Sides:</u> Tator Tots- Peppermint Cookie Celery w/ Ranch	Popcorn Chicken w/ a Dinner Roll Grilled Cheese Sandwich Raffle Day <u>Sides:</u> Gotta Get em Green Beans Broc Bites w/ Ranch	French Bread Pizza By The Slice (V) Trix Yogurt & Bagel Tuna Salad <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/Dip
Monday-December 9	Tuesday-December 10	Wednesday-December 11	Thursday-December 12	Friday-December 13
Mozzarella Sticks (V) w/ Dippin Cup Cheeseburger on a Bun Winter Pear Salad <u>Sides:</u> Peas & Carrots Buffalo Hummus w/ Chips	Pizzeria Pizza By the Slice Chicken Patty on a Bun <u>Sides:</u> Southwest Baked Beans Carrots w/ Buffalo Hummus	Oven Baked Chicken w/BBQ Sauce Turkey & Cheese Sandwich Chef Salad <u>Sides:</u> Mashed Potatoes Celery w/ Ranch	Chicken Cheese Steak On a Torpedo Roll Grilled Cheese Sandwich <u>Sides:</u> Steamin Peas Broc Bites w/ Ranch	Pizza Dippers By The Slice (V) Trix Yogurt & Bagel Tuna Salad <u>Sides:</u> Julius Caesar Salad Mixed Patch w/Dip
Monday-December 16	Tuesday-December 17	Wednesday-December 18	Thursday-December 19	Friday-December 20
Pizza Crunchers (V) Filled w/cheese & Sauce Cheeseburger on a Bun Winter Pear Salad <u>Sides:</u> Potato Wedges Buffalo Hummus w/ Chips	Chicken Quesadilla w/Salsa & Sour Cream Chicken Patty on a Bun <u>Sides:</u> Golden Corn Carrots w/ Buffalo Hummus	Dutch Waffle w/Sausage Ham & Cheese Sandwich Chef Salad <u>Sides:</u> Hash Brown Potato Rounds Celery w/ Ranch	Personal Pizza By the Pie Trix Yogurt & Bagel Christmas Raffle <u>Sides:</u> Vege-licious Garden Salad Broc Bites w/ Ranch	School Celebration Have a Merry Christmas
Monday-December 23	Tuesday-December 24	Wednesday-December 25	Thursday-December 26	Friday-December 27
School Closed Winter Break! December 23-January 1				

Monday-December 30	Tuesday-December 31	Wednesday-January 1	Thursday-January 2	Friday-January 3
<p>Lunch Prices: Regular Lunch \$2.95; Extra Entrée: \$1.75; Reduced: \$0.40; Water : \$0.60 Milk: \$0.60 *Menu subject to change Food Service Director: Debbie Spasari smw@nsfm.com Phone: 856-629-6419 Milk: Skim White, Skim Chocolate, Skim Strawberry, 1% White, Lactaid</p>		<p>Happy New Year Here's a preview of January's menu!</p>	<p>Chicken Tenders w/ a Dinner Roll Hot Dog on a Bun <u>Sides:</u> Rainbow Veggie Medley Broc Bites w/ Ranch</p>	<p>French Bread Pizza By The Slice Trix Yogurt & Bagel Tuna Salad <u>Sides:</u> Julius Caesar Salad Mixed Patch w/Dip</p>