



February Elem. Lunch Menu St Mary's Williamstown



DAILY ALTERNATES:
Cereal & Yogurt (GF)
(Chicken Nuggets)
PB & J Sandwich (V)

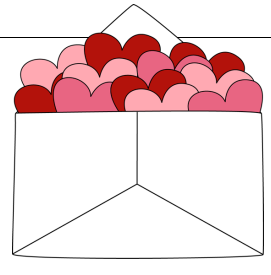
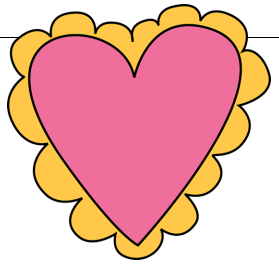
We Use
Whole Grain
Products!

Daily Fruit Offerings:
Fresh, Cupped, 100% Juice
All Salads Come With a Grain.

Choose 1 Entrée.
(3 Daily Specials & 2 Daily Alternates for the Month)
Lunch Includes:
Protein ~ Grain ~ Fruit
Veggie ~ Milk
Choose at least 3 out of 5 components.
You must choose at least 1 fruit or veggie.
You may take 2 Fruit & 2 Veggie Choices!

(V) = Vegetarian Ingredients (GF) = Gluten-Free Ingredients

Meatless Monday	Fun Flavors Tuesday! AKA: Taco Tuesday, Mexican, Asian, Italian	Wacky Wednesday! A School Favorite! The random category!	Chicken Lover's Thursday! Everything & Anything CHICKEN!	Pizza Lover's Friday! Cheesy Pizza By The Slice!
Celebrate Groundhog Day! Mozzarella Sticks w/ Marinara Sauce (V) Cheeseburger on a WG Bun Garden Salad w/Egg <u>Sides:</u> Carrots- Pudding Cup Hummus w/ Chips	Tuesday-February 4 Pizza Crunchers w/ Cheese & Sauce Chicken Cheese Steak <u>Sides:</u> Golden Corn Carrots w/ Hummus	Wednesday-February 5 Mini Pancakes w/Sausage Turkey & Cheese Sandwich Chef Salad <u>Sides:</u> Potato Wedges-Blueberry Cup Celery w/ Ranch	Thursday-February 6 Popcorn Chicken w/Garlic Breadstick Mini Corn Dogs <u>Sides:</u> Rainbow Vegetable Medley Broc Bites w/ Ranch	Friday-February 7 Personal Pizza By The Pie (V) Yogurt,Bagel& Cheesestick Garden Salad w/Tuna <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/Dip
Monday-February 10 Grilled Cheese Sandwich w/ Tomato Soup (V) Cheeseburger on a Bun Garden Salad w/Egg <u>Sides:</u> Peas Hummus w/ Chips	Tuesday-February 11 Rib-E-Que On a Torpedo Roll Chicken Patty on a WG Bun <u>Sides:</u> Mac & Cheese —Strawberries Carrots w/ Hummus	Wednesday-February 12 Mini French Toast w/ Turkey Bacon Ham & Cheese Sandwich Chef Salad <u>Sides:</u> Tator Tots Celery w/ Ranch	Thursday-February 13 Chicken Tenders w/WG Dinner Roll Mini Corn Dogs <u>Sides:</u> Green Beans Broc Bites w/ Ranch	Happy Valentine's Day! Pizza Dippers w/Dippin Cup (V) Bagel&Yogurtw/Cheesestick Garden Salad w/Tuna <u>Sides:</u> Side Salad Mixed Patch w/Dip
Monday-February 17 No School Presidents' Day	Tuesday-February 18 Nachos Grande w/ Corn Chips & Toppings Chicken Cheese Steak <u>Sides:</u> Super Sweet Corn Carrots w/ Hummus	Wednesday-February 19 Dutch Waffle w/Sausage Turkey & Cheese Sandwich Fiesta Taco Salad <u>Sides:</u> Hash Brown Potato Rounds Celery w/ Ranch	Thursday-February 20 Popcorn Chicken w/ a Corn Muffin Mini Corn Dogs <u>Sides:</u> Steamed Spinach Broc Bites w/ Ranch	Friday-February 21 Pizzeria Pizza By The Slice (V) Yogurt,Bagel & Cheesestick Garden Salad w/Tuna <u>Sides:</u> Vege-licious Garden Salad Mixed Patch w/Dip
Monday-February 24 French Toast Sticks w/ Sausage Cheeseburger on a WG Bun Popcorn Chicken Salad <u>Sides:</u> Potato Smiles Hummus w/ Chips	Tuesday-February 25 BBQ Pulled Pork On a Kaiser Roll Chicken Patty on a WG Bun <u>Sides:</u> Green Beans—Coleslaw Carrots w/ Hummus	Ash Wednesday! Pizza Crunchers w/Cheese & Sauce (V) Cheese Omelet Garden Salad w/Egg <u>Sides:</u> Vege-licious Salad Celery w/ Ranch	National Strawberry Day Turkey & Gravy On a Kaiser Roll Mini Corn Dogs <u>Sides:</u> Mashed Potatoes-Strawberries Broc Bites w/ Ranch	Friday-February 28 French Bread Pizza By The Slice (V) Yogurt&Bagel w/Cheesestick Garden Salad w/ Tuna <u>Sides:</u> Julius Caesar Salad Mixed Patch w/Dip



Lunch Prices: Regular Lunch \$2.95; Extra Entrée: \$1.75;
Reduced: \$0.40; Water: \$0.60 Milk: \$0.60 *Menu subject to change
Food Service Director: Debbie Spasari smw@nsfm.com
Phone: 856-629-6419
Milk: Skim White, Skim Chocolate, Skim Strawberry, 1% White, Lactaid