



March 10, 2020

Dear Parents and Guardians,

We will continue to let you know about additional preventative actions that we are taking to keep our children healthy. As stated in my email yesterday, we are monitoring the situation. In addition, we are creating a plan to continue instruction if school is out for an extended time.

The NJ Department of Health guidance identifies school closure as a potential strategy to limit transmission within a community. A school closure would be initiated by a written directive provided to the school by the NJ or County Department of Health.

Teachers will prepare age-appropriate lessons and activities for students to continue educational activity for a minimum of 4 hours per day.

Any day on which students impacted by a public health-related closure and have access to the home instruction services provided, the school will count as a day in compliance with the diocesan 180 instructional day requirement and will not need to be made up.

Instructions for parents about how schoolwork will be posted daily and other pertinent information about the process will be forthcoming.

It is not necessary at this time to close school in order to work on preparations. Our dedicated teachers have already been working on this task.

We want to be as prepared as possible and pray that we will not have to put these plans into motion. Please keep all those afflicted by illness in your prayers.

Thank you,

Mrs. Mancuso



March 10, 2020

Dear Parents and Guardians,

Our students have so much to celebrate! Many of our sports teams were very successful this year, especially the JV Boys A basketball team who won their championship. The Odyssey of the Mind participants are enjoying their time working together as a team and they will compete on Saturday, March 14<sup>th</sup>. Performing Arts Club has been practicing for “Willy Wonka Jr.” which they will perform on Friday, March 20<sup>th</sup> and Saturday, March 21<sup>st</sup>. Students are also preparing for the Science Exhibit which will be held on Wednesday, March 25<sup>th</sup>. The list of activities in which our students participate goes on and on!

During these forty days of Lent, we are given the time to open our hearts a little wider and understand our Lord a little deeper. The children will attend Reconciliation next week and will participate in Stations of the Cross on certain Fridays. This time of contemplation and prayer will take us to Holy Week when, as a school, we will reflect on the events of Palm Sunday, Holy Thursday and Good Friday.

Our Lady of Peace Parish offers many spiritual opportunities for parishioners to renew relationships with the Lord during Lent. Stations of the Cross are offered each Friday evening at 7:00PM. Confessions are Saturday 10:30AM-11:30AM and 3:00PM – 3:45PM. Mass times are Saturday 4:00PM, Sunday 7:30AM, 9:00AM, 10:30AM, 12:00PM and 6:00PM. Other parish information and the Holy Week schedule can be found on the website [www.olopp.org](http://www.olopp.org). We continue to pray for you and your family during this season of Lent as we renew our faith and prepare to joyfully celebrate the resurrection of our Lord.

God Bless,

Mrs. Mancuso



Dear St. Mary School Family,

St. Mary School proudly celebrates its 70<sup>th</sup> anniversary this year. St Mary School has provided a quality catholic education for young people in our community through faith, academics, service, extracurricular activities and a dedicated faculty and staff. **WE ARE PREPARING TODAY'S STUDENTS FOR TOMORROW'S WORLD.**

In order to continue to prepare our young people for high school, college and beyond, our school has sought to expand the educational resources and activities provided to our students. We are accomplishing this through the efforts of our St. Mary School Annual Fund. Gifts in support of the Annual Fund are used for programs that allow us to carry on our Mission and Motto everyday of ***Learning and Living in Christ***. Your gift to the St. Mary School Annual Fund secures the foundation of Catholic education and builds a legacy that passes on our Catholic faith to the next generation.

This year, **we are raising funds for supplemental materials to enhance a variety of areas in our curriculum, additional technology resources, hands-on equipment for our science lab, professional development for our teachers, classroom furniture and other essential needs and repairs.**

St. Mary School has always relied on the generosity of parents, alumni, parishioners and others. Tuition covers 75% of the school's annual expenses. It is the school's financial policy to operate under a balanced budget, therefore in order to achieve this, it is necessary for the school to raise the budget shortfall with various fundraising opportunities.

The most efficient way for supporters to make a gift to SMS is through the Annual Fund. Because there is no fundraising cost for this effort, 100% of each contribution is used for school needs. All school families, friends and alumni, staff and Our Lady of Peace Parishioners are asked to participate in the Annual Fund to the fullest extent they are financially able. The 2019-2020 Annual Fund officially started on July 1, the start of the new fiscal year. Thank you to those of you who have already participated. Your gifts directly impact the lives of each student.

Given St. Mary School's commitment to academic excellence and financial responsibility it is important that the school implement an Annual Fund to complement fundraising events such as our Annual Auction, Trunk or Treat, Book Fair and other fundraising efforts of our PTA and Advancement Committee. Implementing an Annual Fund will ensure a culture of giving at St. Mary School and offer a revenue stream which will allow the school to implement new initiatives and upgrades.

**Imagine the difference YOU can make in the life of one or many of our children! There is no better investment than money spent on a child's Catholic education—truly a GIFT OF A LIFETIME.**

I invite you to join us in showing your commitment to the future of St. Mary School and to please consider St. Mary School among your family's philanthropic priorities. Every gift is meaningful and your participation does make a difference. On behalf of our school community and especially our children, thank you for continuing the valuable and essential **MINISTRY OF CATHOLIC EDUCATION**.

Gratefully,

Mrs. Patricia Mancuso  
Principal

**St. Mary School  
 Advancement / Parent Association  
 School Year 2018-19**

	<b>Income:</b>	<b>Expenses:</b>	<b>Net:</b>
Annual Fund	48,780.87	3,776.51	45,004.36
Auction	18,027.00	10,428.62	7,598.38
Bookfair	9,038.93	8,984.93	54.00
Spirit Wear	7,627.00	3,120.45	4,506.55
Nut Card	5,215.00	0.00	5,215.00
Trunk & Treat	3,101.00	0.00	3,101.00
School fundraising events	3,414.77	2,255.96	1,158.81
Dues for PTA	3,118.00	491.21	2,626.79
Dance	1,544.58	855.62	688.96
SCRIP	197,093.00	179,938.73	17,154.27
Administrative/Office	0.00	1,589.02	(1,589.02)
<b>Total Income</b>	<u><u>296,960.15</u></u>	<u><u>211,441.05</u></u>	<u><u>85,519.10</u></u>

**School Needs Addressed this fiscal year:**

Update school locks	32,550.00
Updated Reading Series K-2	21,563.00
Updated Religion books	7,271.00
Replace sports uniforms	5,478.00
Copier/Fax for Front office	1,090.00
Replace Gym supplies	996.00
Updated Science books/materials	762.00
Update Music supplies	652.00
Replace library books	474.00

**Repairs completed:**

Update Bathrooms	6,148.00
Repave parking lot by gym	4,000.00
Replace gm light fixtures-LED	2,804.00
Repair Compressor Cafeteria Fridge	2,286.00

**Total**      86,074.00



# 2019-2020 Annual Fund Donation Form

I/we wish to support Saint Mary School and its mission by contributing to the Annual Fund in the following category:

- Our Lady's Society — \$10,000 and above \*
- Blue and White — \$5,000 to \$9,999 \*
- Assumption Circle — \$1,000 to \$4,999 \*
- Marian Hall — \$500 to \$999 \*
- Carroll Avenue — \$250 to \$499
- Crusader — \$5 to \$249

*Tuition covers only 75% of the school's annual expenses*

*Your contribution to the annual fund is tax-deductible*

*Does your company have a matching gift program? If so, please enclose the company matching gift form*

*\*Member of St. Mary School Annual Fund Fiat Society*

My Check for \$ \_\_\_\_\_ is enclosed payable to Saint Mary School Annual Fund

Address \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please check **all** that apply:

\_\_\_\_\_ Current SMS Parent \_\_\_\_\_ OLOPP Parishioner \_\_\_\_\_ SMS School Board

\_\_\_\_\_ SMS Alumni \_\_\_\_\_ SMS Alumni Parent \_\_\_\_\_ Current SMS Faculty/Staff

\_\_\_\_\_ Grandparent \_\_\_\_\_ Friend \_\_\_\_\_ Grandparent SMS Student/Alumni

Name as you want it to appear in the 2019-20 Annual Report

Anonymous (please do not list my name)

Please contact me about making a planned gift to Saint Mary School

***You may send in your donation with your child or mail it directly to St. Mary School, 32A Carroll Ave, Williamstown, NJ 08094***

**You also can make a donation by:**

- **Donate-on-line** by logging onto our website at [www.smarys.org](http://www.smarys.org) and look for the link on the bottom right side of our home page
- Call the Advancement Office , at 856-629-6190 ext. 34 or email [advancementoffice@smarys.org](mailto:advancementoffice@smarys.org)



# UNIFORM EXCHANGE



*Need a few more items to get you through Winter?*

*Want to stock up on uniforms for Spring?*

Good News! It's time for our next Uniform Exchange and we hope you'll help us find good homes for all of the generously donated, gently-used uniforms!!



DATE: Wednesday, March 11th

TIME: 6:00 pm to 7:30 pm

LOCATION: Science Lab

If you would like to donate uniforms, you may drop them off in the school drop box between 8:00 am and 3:30 pm.

Please NO socks, tights, shoes or hair bows. If you have any

Uniform Exchange questions, please email: Karen Garber

kbbell@comcast.net, Nicole Lenhardt Nicole092405@aol.com



## *Food Drive*

St. Mary School is participating in the Camden Diocese Seventh Annual “faithFull” Food Drive. St. Mary School will be collecting non-perishable goods from now until Friday, March 20<sup>th</sup> for this food drive. The Diocese will be picking up the food from Our Lady of Peace Parish/St. Mary School on Sunday, March 22<sup>nd</sup>.

What we are collecting:

Canned Vegetables	Canned Tuna Fish	Cereals
Canned Vegetable Juice	Canned Chicken	Dry Rice
Canned Tomato Products	Canned Soup	Dried Herbs & Spices
Canned Spaghetti Sauce	Canned Beans	
Canned Fruit	Canned Chili	
Applesauce	Canned Beef Stew	
Canned Fruit Juice	Peanut Butter	
Cooking Oil	Nuts	
Jelly	Dried Oats	

**Please be careful of expiration dates on food donated. Aim for ‘no salt added,’ ‘low sodium’ and whole grain options**

Thank you for your generosity!



# St. Mary School and our Grandparent's Club Presents...

## CANDY BAR BINGO

**WHEN:** Friday, March 13, 2020

6 p.m. --Doors Open  
6:30 p.m.-Bingo Begins

**WHERE:** Assumption Hall (the gym)

**WHO:** St. Mary School students and their grandparents (or adult special person)

**COST:**

\$5.00/ Adults            \$6.00 at the door  
\$2.00/students         \$3.00 at the door

**Admission includes: 10 games/1 card per game. Additional cards will be available for purchase  
Pizza, drinks and desserts will also be on sale. Dabbers will also be available for purchase.**

**We will also have a 50/50 and Raffle Baskets**

**All proceeds to benefit St. Mary School Annual Fund**

**For more information or to get on our grandparent email/ mailing list, please contact  
Christine Galindo at 856-218-2946 or chrissyg19@verizon.net**

**ADVANCE TICKET PURCHASE**

To purchase tickets in advance, please return this form with your payment by Wednesday, March 11, 2020. Names will be at the door. **NO tickets will go home. Please keep the top portion of this flyer for your information.**

Student/s Name: \_\_\_\_\_ Homeroom/s: \_\_\_\_\_

Grandparent/Special Person Name/s: \_\_\_\_\_

\_\_\_\_\_ # of Adult Tickets X \$5.00 each            Amount: \$ \_\_\_\_\_

\_\_\_\_\_ # of Student/s Tickets X \$2.00 each            Amount: \$ \_\_\_\_\_

\_\_\_\_\_ Advance order ONLY for a whole pizza \$10.00 each pie:

\_\_\_\_\_ # of pies X \$10.00 each pie            Amount: \$ \_\_\_\_\_

**Slices ONLY will be available the night of the event.**

Please make checks payable to St. Mary School. **Please send in the money for the pizza SEPARATELY from the ticket money and CASH ONLY for the pizza money.**

Total Amount enclosed: \_\_\_\_\_

Check or Cash NO REFUNDS



# ST. MARY SCHOOL

## POP-UP SHOP!

**WHEN:** After Masses on the weekend of Saturday, March 14 and Sunday, March 15, 2020

Saturday -- 4 pm Mass

Sunday-- 7:30 am, 9:00 am, 10:30 am and Noon Masses

**WHERE:** Gathering space outside of Our Lady of Peace Parish, St. Mary's Church

***Learn how St. Mary School is Preparing Today's Students for Tomorrow's World***

***Find out how you can you Become a Part of the St. Mary School Family***

***Support St. Mary School During our 70<sup>th</sup> Anniversary!***

- *Learn more about St. Mary School—upcoming Open Houses, Transfer Grants, Financial Assistance*
- *Hear about our excellent academics, strong Catholic education, large variety of extracurricular activities, dedicated faculty and staff, full-day Kindergarten, before and after care-- all in a safe and nurturing environment!*
- *See how our students contribute to a vibrant parish and community through our outstanding community service*
- *Support our school in celebration of our 70<sup>th</sup> anniversary this year*
- *SMS Spirit Wear and accessories for sale ( CASH only)*
- *Special Alumni items for sale!*
- *Giveaways!*
- *Meet and talk to parents, teachers and students about the benefits of St. Mary School and hear about why they LOVE St. Mary School!*

St. Mary School provides a quality Catholic education to children in grades **Preschool through 8<sup>th</sup> grade**. St. Mary School is a *mission of Our Lady of Peace Parish* and pursues academic excellence, builds a foundation for spiritual growth and cultivates values rooted in our Catholic heritage.

***For more information about St. Mary School, to register for our Open House, or for a tour please contact our Advancement Director, Jackie Kern at 856-629-6190 ext. 34 or by email at [advancementoffice@smarys.org](mailto:advancementoffice@smarys.org). You can also visit our website at [www.smarys.org](http://www.smarys.org)***



Facebook Page: [stmaryschoolwilliamstown](https://www.facebook.com/stmaryschoolwilliamstown)



Instagram: [saintmaryschoolwilliamstown](https://www.instagram.com/saintmaryschoolwilliamstown)

*TICKETS ARE NOW AVAILABLE FOR*



*a presentation offered by the students of St. Mary School*

*A part of the BROADWAY JUNIOR COLLECTION*

*Words and Music by  
Leslie Bricusse and Anthony Newley*

*Adapted for the Stage by  
Leslie Bricusse and Timothy A. McDonald*

*Based on "Charlie and the Chocolate Factory" By Roald Dahl*

***March 20<sup>th</sup> at 7:00 pm***

***and March 21<sup>st</sup> at 1:00 pm***

***in Assumption Hall***

*Refreshments will be available during intermission*

*Please complete and return the form below.  
Tickets are \$10.00 for an adult and \$7.00 for children*

.....

Name \_\_\_\_\_ Class \_\_\_\_\_

Quantity (Friday, 3/20) \_\_\_\_\_ Amount Enclosed \_\_\_\_\_

Quantity (Saturday, 3/21) \_\_\_\_\_

ST. MARY SCHOOL  
PERFORMING ARTS DEPARTMENT  
PLAYBOOK PATRON DRIVE  
FOR THE 2020 PRODUCTION OF  
"Willy Wonka Jr."

STUDENT NAME \_\_\_\_\_

PRICE: SINGLE LINE (Please check the appropriate line)

\_\_\_\_\_ \$2.00 REGULAR PATRON AD (SMALL TYPE PRINT)  
(Limit 18 words or less)

\_\_\_\_\_ \$5.00 PREFERRED PATRON AD (LARGE TYPE PRINT)  
(Limit 20 words or less)

\_\_\_\_\_ \$10.00 DELUXE PATRON AD (EXTRA LARGE TYPE PRINT)  
(Limit 25 words or less)

Amount Enclosed \$ \_\_\_\_\_

Please return back to school by Wednesday, March 18th.

PLEASE FILL IN EACH LINE AS YOU WANT IT TO APPEAR IN THE BOOK.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

# PARENT MEETING



FOR ANY CURRENT 2<sup>ND</sup> – 7<sup>TH</sup> GRADE FAMILIES  
INTERESTED IN **CHEERLEADING** FOR THE  
2020 – 2021 SCHOOL YEAR



DATE: Monday, March 23rd



TIME: 7pm



LOCATION: Science Lab

Please contact Nicole Lenhardt (Nicole092405@aol.com) if you have any questions.

# Warm Weather Uniform

Students are permitted to wear their warm weather uniform beginning Wednesday, April 1st. This uniform consists of short sleeve light blue monogrammed knit shirt, crew socks, (at least two inches above the top of sneaker), navy blue twill walking shorts and school shoes. For gym, students may wear mesh gym shorts with Crusader logo t-shirt, white, blue or gray spirit wear t-shirt or 70<sup>th</sup> anniversary t-shirt and sneakers.

Reminder: Girls in 6-8 grades are still required to wear tights with their skorts all year around.

Thank you!

**Our Lady of Peace Parish/St. Mary Church**  
**32 Carroll Avenue**  
**Williamstown, NJ 08094**

March 2020

Dear Friends:

One of the most exciting weeks of the summer happens right here at St. Mary's/Our Lady of Peace Annual Carnival. We have set aside the dates of **Monday, June 22 through Saturday, June 27, 2020** for this year's great week of excitement, rides, games, food and fun. As successful as last year's Carnival was, our committees are already hard at work in an effort to make 2020 our best year ever.

As you know, our Annual Carnival draws thousands of people each night. This year again we will be advertising our generous supporters through **T-SHIRTS** worn by our Carnival workers. You can have **YOUR BUSINESS/COMPANY NAME** seen hundreds of times during the week by being a supporter of our Carnival. The front of the T-shirts will have a St. Mary's Carnival/ Our Lady of Peace logo and your message on the back (limit three lines).

If you would like to help support St. Mary's Church/Our Lady of Peace Parish as we continue our ongoing tradition, please fill out the enclosed application and return with your check made payable to Our Lady of Peace Parish. We will also have printed placards throughout the carnival grounds to advertise your business and to show our appreciation.

The cost for the printed shirts is \$140.00. This includes 10 shirts, printing, and the support for the parish. Please review the application for details. **The deadline for advertising is May 29th.** Please note that well over one hundred people will be working at the carnival each night.

Thank you again for your continued support of St. Mary's/Our Lady of Peace Parish.

Sincerely,

Rev. Cadmus D. Mazarella, Pastor &  
Our Lady of Peace Carnival Committee

**St. Mary's Church/Our Lady of Peace Parish Carnival – June 22nd thru June 27th, 2020  
Williamstown, NJ 08094**

I would like to offer my support by advertising at St. Mary's Church/Our Lady of Peace Parish  
45<sup>th</sup> Annual Carnival.

Name and Address of Advertiser:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

(If you prefer, please enclose your business card)

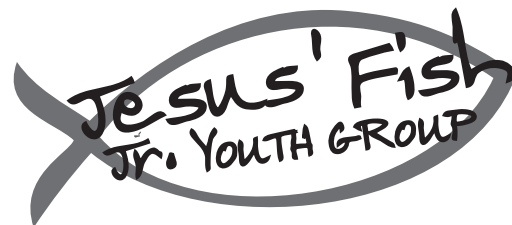
**T-SHIRTS** – St. Mary's/Our Lady of Peace Carnival Logo on front. Your message with your  
name on **back, 3 line limit. (\$140.00)**

A check made payable to Our Lady of Peace Parish in the amount of \$140.00 is enclosed.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)

# JUNIOR YOUTH GROUP JESUS' FISH 6TH-8TH GRADE



## MARCH

**Sunday, March 1st:**

We will host National Catholic Speaker, Paul J. Kim! Presentation follows the 6pm Mass at 7:15-8:45pm in the Church. Light refreshments after in Marian Hall.

**Sunday, March 22nd:**

Annual Youth Group Olympics! Crazy fun and games that aren't just sports!  
7-9pm in Assumption Hall

**Sunday, March 29th:**

Annual Diocese's iRace 4 Vocations 5K Walk/Run held at Washington Lake Park. Join the whole Camden Diocese for Mass followed by a free 5K race/1 mile walk. Information can be found on reverse side and also on [www.CamdenPriest.org](http://www.CamdenPriest.org)

## APRIL

**Saturday, April 4th:**

Youth Group Fundraiser: Pancake Breakfast with The Easter Bunny! Help needed with the craft table, serving food, set up and clean up between 8:30am-1pm. Breakfast will be from 9am-12pm. Please email Kari to sign up.

**Sunday, April 5th:**

With Parent's Permission, join the JP2 YG to view "The Passion of the Christ" from 7-9pm in Marian Hall. It is rated "R" due to the movie's violent scenes. Parent Permission form is required from [www.YouthGroupInfo.com](http://www.YouthGroupInfo.com)

**Sunday, April 26th:**

Youth Group Kick Ball (if it is nice out) or Basketball Game Night!  
Please wear sneakers. 7-9pm in Assumption Hall.

## *Guys and Girls Spiritual Guidance Groups Every Thursday in the Youth Office*

Join us every Thursday from 2:45-4:15pm for personal sharing of faith, teachings of our Church and how to grow closer to God!  
Led by Fr. Mazz and Youth Ministers Kari & Dan. Meet in the Youth Office.  
Enter through St. Joseph's room back entrance of the Parish Office.  
FREE Pizza is always served. If you are a student at St. Marys School please go "cars and walkers" to attend. If you attend another school, you are always welcome to come late if your school gets out later than 2:45pm.  
(No Spiritual Guidance on 4/9 due to it being Holy Thursday.)



Follow us on SnapChat:  
@OLOPPYouthGroup



Face book name:  
"Jesus Fish OLOPP"



Follow Us:  
@JFYouthGroup



Videos on YouTube  
OLOPP YouthMinistry



Follow us on Instagram:  
@OLOPPYouthGroup





OUR LADY OF PEACE PARISH MUSIC MINISTRY PROUDLY  
PRESENTS

**“YOU ARE THE CHRIST”**

**A MUSICAL CANTATA**

Directed by Jon Agresta

A live Tableau, under the direction of Nancy Fleck and Irene Kacy, together with the music will reflect the Easter story of the life, death and resurrection of Jesus Christ.

**SATURDAY, MARCH 28<sup>TH</sup>, 2020**

**7:30 PM**

**Our Lady of Peace Parish/St Mary's Church**

**32 CARROLL AVENUE**

**WILLIAMSTOWN, NEW JERSEY**

**856-629-6142**

We invite you to attend!

Admission is free, however, donations of non-perishable food items for our food pantry are requested.

Handicap access is available

**29** MARCH  
2020  
1<sup>PM</sup> MASS – 3<sup>PM</sup> RUN

PRESENTED BY  
DIOCESE OF CAMDEN  
*Office of Vocations*  
KNIGHTS  
OF COLUMBUS



**THE 9TH ANNUAL  
IRACE4VOICATIONS**  
5K RUN – 1M WALK – OUTDOOR MASS – FREE PICNIC

WASHINGTON LAKE PARK – SEWELL, NJ  
FREE ADMISSION, REGISTER NOW AT [CAMDENPRIEST.ORG](http://CAMDENPRIEST.ORG)



@CAMDENPRIEST



@CAMDENPRIEST



@CAMDENPRIEST

# Evening Lenten Reflection



**Come Join the Franciscan Sisters of the Renewal (CFR) for an Evening of Lenten Reflection with the Exposition of the Blessed Sacrament, Rosary and Lenten Talk. Confession will also be available.**

**Where: Our Lady of Peace Parish/St. Mary's Church**  
32 Carroll Ave, Williamstown, NJ

**When: Monday March 30, 2020 at 7pm**

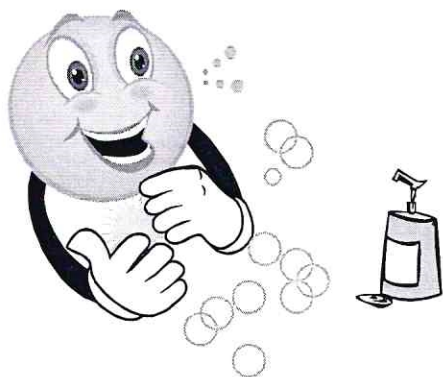
RSVP by March 25<sup>th</sup> to Irene at 856-629-6142 x10

***There will be baskets at the entrance and side doors of the church for a good will offering.***

# Prevent the Spread of Colds and Flu

## ► Cover Coughs and Sneezes

- Use tissues – not your hands – to cover coughs and sneezes
- Throw tissues away and wash your hands immediately
- If you don't have a tissue, cough or sneeze into your sleeve

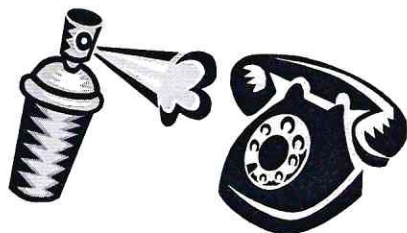


## ► Wash Hands Frequently

- Wet with warm water and add soap
- Scrub for 20 seconds
- Rinse well
- Dry with a paper towel
- Use paper towel to turn off faucet
- Use paper towel to open bathroom door
- Use alcohol-based hand sanitizer if soap and water is not available

## ► Keep sick people away from healthy people

- Stay home if you are sick
- Stay away from sick people
- Avoid crowds during flu season



## ► Clean commonly shared items

- Phones, toys, light switches, remote controls, toilet handles, doorknobs, faucets, handles

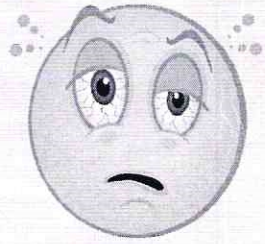
## Get your flu vaccine!

For more information visit : [www.nj.gov/flu](http://www.nj.gov/flu)

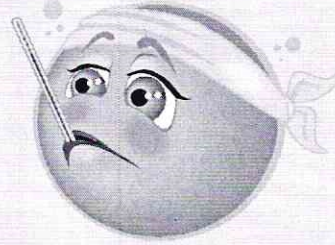


9/07

# When Should Children Stay Home From School?



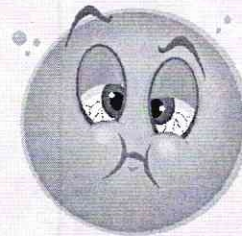
- Seems ill
- Looks pale
- Is not able to comfortably participate in school activities



- Is sweaty (when the weather is not hot)
- Has a fever



- Coughs or sneezes more than usual
- Has pain in ears, throat, head or chest



- Has thrown up in the past 12 hours
- Has had diarrhea two or more times in the past 24 hours

Check with your child's school for their stay home policy.



For more information visit: [www.nj.gov/flu](http://www.nj.gov/flu)

Adapted from Contra Costa County, CA Employment and Human Services Department, Community Services Division



9/07

**PLAY LIKE  
A CHAMPION  
TODAY**

Character Education Through Sports

## Champion Parent Note

*Educating and Forming Champion Parents*

### Coaching from the Sidelines



Most sports parents have the best intentions when attending a child's game. These parents hope to support their young athlete by cheering and offering positive encouragement from the stands. Yet too often this encouragement takes the form of "coaching" the child, even if that's not the intention. As Athletic Director Matthew Pope points out [in the video above](#), a parent offering seemingly harmless instruction can create confusion for the athlete, undermine the coach and hurt the team.

Keep in mind that your child's coach most likely has the best interests of both the team and your child's athletic development in mind. He or she has instructed the athletes based on certain goals or strategies and will be providing important instruction to that end during a game. Consider also that a game can already be a difficult place for a young athlete to focus; a cacophony of coaches, parents, teammates and even officials all trying to communicate while an athlete focuses on his or her next move can sow confusion and limit a child's ability to maximize performance. Something as simple as the common admonition to "shoot" or "pass" from parents can hurt the athlete more than it helps.



Don't just take it from us. University of South Carolina Men's Basketball Coach Frank Martin has thoughts on parents coaching from the sideline. [The animated Martin has a great perspective on the topic.](#)

*Play Like a Champion* encourages parents to leave the coaching to the coach and do their best to encourage the whole team through cheering and affirmation. Wonder if you are guilty of "coaching from the sideline"? **Take a moment to ask your athlete if they hear you in the stands.** What does he or she think? Is what you're saying helpful? Is it difficult for them to focus on their coach or the game in front of them? Take to heart your child's response and consider your approach during the next game. Share this advice with other parents and encourage them to do the same. By focusing on our role as parents and leaving instruction to the coaches, your athlete and his or her team will better develop while enjoying the experience.

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**Scripture of the Week:** *He who restrains his words has knowledge, and he who has a cool spirit is a man of understanding.* (Proverbs 17:27)

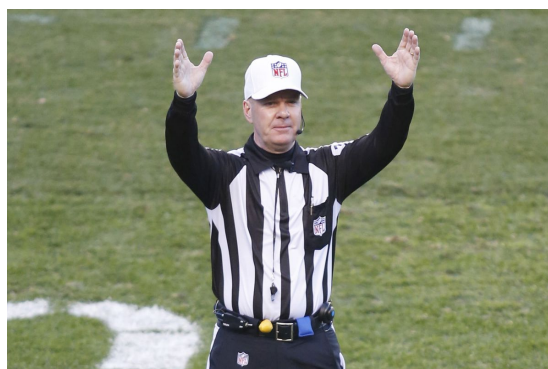
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# Play Like a Champion's Quarterly Webinar Series Tackles Officiating

Join us this **Thursday, March 12th** at Noon EDT for the latest edition of our Quarterly Webinar Series:

## [Officiating Solutions: Make the Call & Make a Difference](#)

This edition will feature retired **NFL Official and ESPN Officiating Analyst John Parry** along with **Dr. David Pierce, Director of the IUPUI Sports Innovation Institute**. John will share his journey, discussing how educators and coaches changed his life while challenging attendees to implement one simple and easily sustainable process to find future sports officials. David will share his experience collaborating with students on projects dedicated to officiating solutions, including innovative means of developing officials and improving the retention of officials. Join us to learn how your school and league can take a fresh look at officiating and improve the future of sports. The webinar is completely **FREE** to attend, simply [click below](#) to register now and you'll be emailed with instructions to access the webinar on March 12th!



**Register Now for Thursday's FREE Webinar!**

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## A Prayer for Parents



God, I thank you for the wonderful blessing it is to watch my children play sports. Thank you for the smile that it brings to their face and for the ways in which sports help them to grow in virtue and skill. I ask that as they participate you protect them from injury and harm and bless them with the grace to reach their full potential. Bless their coaches that they may embrace their role and have the courage to always do what is right for the children you have entrusted to their care. Grant all sports parents the graces we need to be supportive and to have perspective. May we seek not our own will for our child, but yours, and in doing so be freed to let them enjoy this experience no matter the result. May each of us - child, coach and parent - glorify you through our actions and come to know you better through this experience. I ask this through Christ, our Lord. Amen.

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**Access Resources & Learn More at [PlayLikeaChampion.org](https://PlayLikeaChampion.org)**

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