

NOVEMBER

Elem. Lunch Menu

St Mary's
Williamstown

Daily Fruit Offerings:
Fresh, Cupped,
100% Juice
All Salads Come
With a Grain.

Choose 1 Entrée.
(3 Daily Specials & 3 Daily Alternates for the Month)

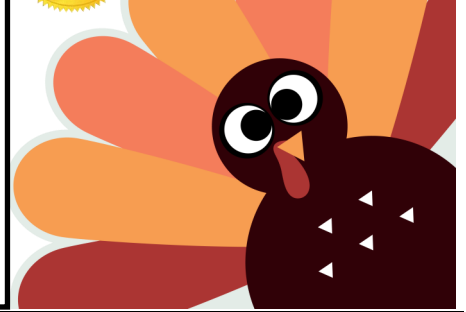
Lunch Includes:
Protein ~ Grain ~ Fruit
Veggie ~ Milk

Choose at least 3 out of 5 components.

You must choose at least 1 fruit or veggie.

You may take 2 Fruit & 2 Veggie Choices!

We Use Whole Grain Products!



Monday	Tuesday	Wednesday	Thursday	Friday
Monday-November 2 Grilled Cheese Sandwich Cheeseburger on a Bun Autumn Harvest Salad <u>Sides:</u> Carrots w/ Hummus /Chips Fresh or Cupped Fruit	Tuesday-November 3 Nachos Grande w/Corn Chips & Toppings Chicken Cheese Steak <u>Sides:</u> Seasoned Rice 100% Fruit Juice	Wednesday-November 4 French Toast Sticks w/Sausage Turkey & Cheese Hoagie Fiesta Taco Salad <u>Sides:</u> Hash brown Potato Round Fresh or Cupped Fruit	Thursday-November 5 Pizza Dippers w/Dippin Cup Hot Dog on a Bun <u>Sides:</u> Celery w/Hummus 100% Fruit Juice	Friday-November 6 Faculty Meeting 12:15 Dismissal No Lunch Served
Monday-November 9 Macaroni & Cheese Homemade Cheeseburger on a Bun Autumn Harvest Salad <u>Sides:</u> Mixed Veggies Fresh or Cupped Fruit	Tuesday-November 10 Oven Baked Chicken w/BBQ Sauce & Roll Chicken Patty on a Bun <u>Sides:</u> Carrots w/Hummus 100% Fruit Juice	Wednesday-November 11 Mini Waffles w/Bacon Turkey & Cheese Sandwich Buffalo Chicken Salad <u>Sides:</u> Tator Tots Fresh or Cupped Fruit	Thursday-November 12 Popcorn Chicken w/Garlic Breadstick Chicken Cheese Steak <u>Sides:</u> Celery w/Ranch or Hummus 100% Fruit Juice	Friday-November 13 Pizzeria Pizza By the Slice Yogurt & Bagel w/Cheese stick Tuna Hoagie <u>Sides:</u> Dark Green Veggie Fresh or Cupped Fruit
Monday-November 16 Pizza Crunchers Filled w/Sauce & Cheese Cheeseburger on a Bun Autumn Harvest Salad <u>Sides:</u> Carrots w/Hummus & Pudding Fresh or Cupped Fruit	Tuesday-November 17 Chicken Quesadilla w/Salsa & Sour Cream Chicken Patty on a Bun <u>Sides:</u> Seasoned Rice 100% Fruit Juice	Wednesday-November 18 Thanksgiving Meal Sponsored By PTA Turkey & Gravy w/Mashed Potatoes <u>Sides:</u> Golden Corn Fresh or Cupped Fruit	Thursday-November 19 French Bread Pizza By the Slice Hot Bog on a Bun <u>Sides:</u> Celery w/ Hummus 100% Fruit Juice	Friday-November 20 No School Parent Conferences
Monday-November 23 Mini Pancakes w/Yogurt Cheeseburger on a Bun Autumn Harvest Salad <u>Sides:</u> Carrots w/Hummus & Tator Tots Fresh or Cupped Fruit	Tuesday-November 24 Personal Pizza By the Pie Chicken Cheese Steak <u>Sides:</u> Steamed Mixed Veggies 100% Fruit Juice	Wednesday-November 25 12:15 Dismissal NO LUNCH Served	Thursday-November 26 No School HAPPY THANKSGIVING	Friday-November 27 No School 
Monday-November 30 Mozzarella Sticks w/Dippin Cup Cheeseburger on a Bun Autumn Harvest Salad <u>Sides:</u> Carrot Gems Fresh or Cupped Fruit				<p>Lunch Prices: MEALS ARE FREE TO ALL STUDENTS THROUGH DECEMBER 31, 2020! *Menu subject to change Food Service Director: Debbie Spasari smw@nsfm.com Phone: 856-629-6190 ext 317 Milk: Skim White, Skim Chocolate, Skim Strawberry, 1% White, Lactaid</p> <p>This institution is an equal opportunity provider.</p>