



Daily Fruit Offerings:
Fresh, Cupped,
100% Juice
All Salads Come
With a Grain.

Choose 1 Entrée.
(3 Daily Specials & 2 Daily Alternates for the Month)
Lunch Includes:
Protein ~ Grain ~ Fruit
Veggie ~ Milk
Choose at least 3 out of 5 components.
You must choose at least 1 fruit or veggie.
You may take 2 Fruit & 2 Veggie Choices!

DAILY ALTERNATES:

- Cereal & Yogurt (GF) **GF**
- (CHICKEN NUGGETS)
- PB & J Sandwich **V**



JANUARY

Elem. Lunch Menu

St Mary's
Williamstown

Monday	Tuesday	Wednesday	Thursday	Friday
<p>CAFÉ CONTACT INFO: Food Service Director: Debbie Spasari smw@nsfm.com Phone: 856-629-6190 ext 317 *Menu subject to change This institution is an equal opportunity provider.</p>		<p>LUNCH PRICES: MEALS ARE FREE TO ALL STUDENTS THROUGH JUNE 30, 2021!</p>		<p>Friday-January 1 Happy New Year!!!!</p>
<p>Monday-January 4 Grilled Cheese Sandwich Cheeseburger on a Bun Chicken Caesar Salad <u>Sides:</u> Carrots w/ Hummus & Pudding Fresh or Cupped Fruit</p>	<p>Tuesday-January 5 Mini Pancakes w/Sausage Chicken Patty on a Bun <u>Sides:</u> Tator Tots 100% Fruit Juice</p>	<p>Wednesday-January 6 BBQ Pulled Pork On Torpedo Roll Turkey & Cheese Sandwich Garden Salad w/Cheese <u>Sides:</u> Macaroni Salad Fresh or Cupped Fruit</p>	<p>Thursday-January 7 Popcorn Chicken w/Bread Stick Hot Dog on a Bun <u>Sides:</u> Mixed Vegetables 100% Fruit Juice</p>	<p>Friday-January 8 Faculty Meeting 12:15 Dismissal No Lunch Served</p>
<p>Monday-January 11 Macaroni & Cheese Homemade Cheeseburger on a Bun Chicken Caesar Salad <u>Sides:</u> Gotta Get'em Green Beans Fresh or Cupped Fruit</p>	<p>Tuesday-January 12 Nacho Grande w/Chips & Salsa Chicken Patty on a Bun <u>Sides:</u> Golden Corn 100% Fruit Juice</p>	<p>Wednesday-January 13 Dutch Waffle Sticks w/Sausage Chicken Cheese Steak Fiesta Taco Salad <u>Sides:</u> Potato Wedges Fresh or Cupped Fruit</p>	<p>Thursday-January 14 BBQ Baked Chicken w/ Dinner Roll Hot Dog on a Bun <u>Sides:</u> Celery w/Hummus/Chips 100% Fruit Juice</p>	<p>Friday-January 15 Pizzeria Pizza By the Slice Bagel & Yogurt w/Cheese Stick Grilled Chicken Salad <u>Sides:</u> Mixed Veggies Fresh or Cupped Fruit</p>
<p>Monday-January 18 No School Martin Luther King Jr Day</p>	<p>Tuesday-January 19 Mozzarella Sticks w/Dippin Cup Chicken Patty on a Bun <u>Sides:</u> Curly Fries 100% Fruit Juice</p>	<p>Wednesday-January 20 Mini Waffles w/Bacon Turkey & Cheese Sandwich Garden Salad w/Cheese <u>Sides:</u> Orange Juice & Carrot Sticks Fresh or Cupped Fruit</p>	<p>Thursday-January 21 Fajita Chicken Over Rice Hot Dog on a Bun <u>Sides:</u> Steamed Mixed Vegetables 100% Fruit Juice</p>	<p>Friday-January 22 French Bread Pizza By the Slice Bagel & Yogurt w/Cheese Stick Grilled Chicken Sandwich <u>Sides:</u> Celery w/Hummus Fresh or Cupped Fruit</p>
<p>Monday-January 25 Pizza Crunchers Filled w/Cheese & Sauce Cheeseburger on a Bun Chicken Caesar Salad <u>Sides:</u> Carrots w/ Hummus Fresh or Cupped Fruit</p>	<p>Tuesday-January 26 Meatball Parmesan On a Torpedo Roll Chicken Patty on a Roll <u>Sides:</u> Pasta Salad 100% Fruit Juice</p>	<p>Wednesday-January 27 Popcorn Chicken w/Breadstick Chicken Cheese Steak Garden Salad w/Cheese <u>Sides:</u> Celery Sticks w/Hummus Fresh or Cupped Fruit</p>	<p>Thursday-January 28 Mini Pancake w/Sausage Ham & Cheese Hoagie <u>Sides:</u> Tator Tots 100% Fruit Juice</p>	<p>Friday-January 29 Personal Pizza By the Pie Bagel & Yogurt w/Cheese Stick Grilled Chicken Salad <u>Sides:</u> Green Beans Fresh or Cupped Fruit</p>