

Daily Fruit Offerings:
Fresh, Cupped, 100% Juice
All Salads Come With a Grain.

Choose 1 Entrée.
(3 Daily Specials & 2 Daily Alternates for the Month)
Lunch Includes:
Protein ~ Grain ~ Fruit
Veggie ~ Milk
Choose at least 3 out of 5 components.
You must choose at least 1 fruit or veggie.
You may take 2 Fruit & 2 Veggie Choices!

DAILY ALTERNATES:
Cereal & Yogurt **GF**
(Chicken Nuggets w/Goldfish)
PB & J Sandwich **V**



MAY
Elem. Lunch Menu
St Mary's
Williamstown

Monday	Tuesday	Wednesday	Thursday	Friday
Monday-May 3	Tuesday-May 4	Wednesday-May 5	Thursday-May 6	Friday-May 7
Pizza Dippers w/Dippin Cup Rib-e-Cue on Torpedo Roll Chicken Caesar Salad <u>Sides:</u> Carrots w/ Hummus Fresh or Cupped Fruit	Oven Baked Chicken w/BBQ Sauce Hot Dog on a Bun <u>Sides:</u> Pasta Salad 100% Fruit Juice	French Toast Sticks w/Sausage Ham & Cheese Sandwich Chef Salad <u>Sides:</u> Home Fries Fresh or Cupped Fruit	Popcorn Chicken w/Bread Stick Cheeseburger on a Bun <u>Sides:</u> Golden Corn 100% Fruit Juice	Faculty Meeting 12:15 Dismissal No Lunch Served
Monday-May 10	Tuesday-May 11	Wednesday-May 12	Thursday-May 13	Friday-May 14
Grilled Cheese Sandwich Chicken Patty Chicken Caesar Salad <u>Sides:</u> Carrots w/ Hummus & Chips Fresh or Cupped Fruit	Nachos Grande w/Chips & Salsa BBQ Pulled Pork Sandwich <u>Sides:</u> Steamed Rice 100% Fruit Juice	Bacon Egg & Cheese On a English Muffin Turkey & Cheese Sandwich Fiesta Taco Salad <u>Sides:</u> Tator Tots Fresh or Cupped Fruit	Chicken Tenders w/Noodles Cheeseburger <u>Sides:</u> Golden Corn 100% Fruit Juice	French Bread Pizza By the Slice Bagel Yogurt \$ Cheese Stick Grilled Chicken Salad <u>Sides:</u> Spinach Fresh or Cupped Fruit
Monday-May 17	Tuesday-May 18	Wednesday-May 19	Thursday-May 20	Friday-May 21
Macaroni & Cheese Homemade Chicken Patty Chicken Caesar Salad <u>Sides:</u> Carrots w/ Hummus Fresh or Cupped Fruit	Double Cheeseburger w/ Bacon Chicken Cheese Steak <u>Sides:</u> Golden Corn 100% Fruit Juice	Mini Pancakes w/Sausage Ham & Cheese Sandwich Chef Salad <u>Sides:</u> Potato Wedges Fresh or Cupped Fruit	Chicken Quesadilla's w/Salsa & Sour Cream Hot Dog on a Bun <u>Sides:</u> Steamed Rice 100% Fruit Juice	Pizzeria Pizza By the Slice Bagel Yogurt & Cheese Stick Garden Salad w/Tuna <u>Sides:</u> Celery Sticks Fresh or Cupped Fruit
Monday-May 24	Tuesday-May 25	Wednesday-May 26	Thursday-May 27	Friday-May 28
Mozzarella Sticks w/Dippin Cup Chicken Cheese Steak Chicken Caesar Salad <u>Sides:</u> Carrots w/ Hummus Fresh or Cupped Fruit	Popcorn Chicken w/Garlic Bread Stick Cheeseburger on a Bun <u>Sides:</u> Golden Corn 100% Fruit Juice	Mini Waffles w/Sausage Turkey & Cheese Sandwich Chef Salad <u>Sides:</u> Celery Sticks Fresh or Cupped Fruit	Personal Pizza By the Pie Chicken Patty on a Bun <u>Sides:</u> Steamed Veggie 100% Fruit Juice	12:15 Dismissal No Lunch Served
Monday-May 31	CAFÉ CONTACT INFO: Food Service Director: Debbie Spasari smw@nsfm.com Phone: 856-629-6190 ext 317 *Menu subject to change This institution is an equal opportunity provider.			
Memorial Day				Milk: Skim Chocolate, Skim Strawberry, 1% White