

# May 2023

## Elementary Lunch

St Mary's Williamstown

### CAFÉ CONTACT INFO:

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\*Menu subject to change

### DAILY ALTERNATES:

1. Cereal & Yogurt
  2. Chicken Nuggets & Goldfish
  3. PB&J Sandwich
- FRUIT:** Fresh, Cupped & 100% Fruit Juice  
**MILK:** Skim Chocolate, Skim Strawberry, 1% White

**(V)** = Vegetarian Ingredients    **(GF)** = Gluten-Free Ingredients

| Monday                                                                                                                                                                                       | Tuesday                                                                                                                                                                              | Wednesday                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                                                                           | Friday                                                                                                                                                                                           |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>1</b></p> <p><b>Pizza Dippers</b><br/>Dippin Cup<br/>Cheeseburger on a Bun<br/>Chicken Caesar Salad<br/><u>Sides:</u><br/>Gotta Gettem Green Beans<br/>Fruit of the Day</p>            | <p><b>2</b></p> <p><b>Nacho Grande</b><br/>w/Chips &amp; Salsa<br/>Buffalo Chicken Cheesesteak<br/><br/><u>Sides:</u><br/>Golden Corn<br/>100% Apple Juice</p>                       | <p><b>3</b></p> <p><b>Mini French Toast</b><br/>w/Sausage<br/>Ham &amp; Cheese Sandwich<br/>Fiesta Taco Salad<br/><u>Sides:</u><br/>Potato Coins<br/>Fruit of the Day</p>                        | <p><b>4</b></p> <p><b>Popcorn Chicken</b><br/>w/Breadstick<br/>Turkey &amp; Cheese Hoagie<br/><br/><u>Sides:</u><br/>Baked Beans<br/>100% Apple Juice</p>                                                                                                                                                          | <p><b>5</b></p> <p><b>12:15 Dismissal</b><br/><br/>No Lunch Served</p>                                                                                                                           |
| <p><b>8</b></p> <p><b>Baked Penne</b><br/>w/Garlic Bread<br/>Chicken Patty on a Bun<br/>Grilled Chicken Salad<br/><u>Sides:</u><br/>Vege-licious Garden Salad<br/>Fruit of the Day</p>       | <p><b>9</b></p> <p><b>Double Cheeseburger</b><br/>On a Bun<br/>Chicken tender Wrap<br/><br/><u>Sides:</u><br/>Celery Sticks w/Ranch Cup<br/>100% Apple Juice</p>                     | <p><b>10</b></p> <p><b>Dutch Waffle</b><br/>w/Sausage<br/>Ham &amp; Cheese Sandwich<br/>Ham Club Salad<br/><u>Sides:</u><br/>Carrot Sticks / Poppin Peas<br/>Fruit of the Day</p>                | <p><b>11</b></p> <p><b>Chicken Sticks</b><br/>w/Asst. Dippins<br/>Sloppy Joe on a Kaiser Roll<br/><br/><u>Sides:</u><br/>Baked Beans<br/>100% Apple Juice</p>                                                                                                                                                      | <p><b>12</b></p> <p><b>French Bread Pizza</b><br/>By the Slice<br/>Bagel, Yogurt &amp; Cheese Stick<br/>Garden Salad w/ Tuna<br/><u>Sides:</u><br/>Vegetable of the Day<br/>Fruit of the Day</p> |
| <p><b>15</b></p> <p><b>Macaroni &amp; Cheese</b><br/>Homemade<br/>Cheeseburger on a Bun<br/>Chicken Caesar Salad<br/><u>Sides:</u><br/>Carrot Coins<br/>Fruit of the Day</p>                 | <p><b>16</b></p> <p><b>Hot Ham &amp; Cheese</b><br/>On a Torpedo Roll<br/>Chicken Patty on a Bun<br/><br/><u>Sides:</u><br/>Celery Sticks &amp; Lay's Chips<br/>100% Apple Juice</p> | <p><b>17</b></p> <p><b>Mini Pancakes</b><br/>w/Sausage<br/>Turkey &amp; Cheese Sandwich<br/>Turkey Club Salad<br/><u>Sides:</u><br/>Smiley Face Potatoes<br/>Fruit of the Day</p>                | <p><b>18</b></p> <p><b>Popcorn Chicken</b><br/>w/Garlic Breadstick<br/>BBQ Pulled Pork Sandwich<br/><br/><u>Sides:</u><br/>Baked Beans<br/>100% Apple Juice</p>                                                                                                                                                    | <p><b>19</b></p> <p><b>Personal Pizza</b><br/>By the Pie<br/>Bagel Yogurt &amp; Cheese Stick<br/>Garden Salad w/Tuna<br/><u>Sides:</u><br/>Vegetable of the Day<br/>Fruit of the Day</p>         |
| <p><b>22</b></p> <p><b>Mozzarella Sticks</b><br/>w/Dippin Cup<br/>Cheeseburger on a Bun<br/>Grilled Chicken Salad<br/><u>Sides:</u><br/>Carrot Sticks / Baked Beans<br/>Fruit of the Day</p> | <p><b>23</b></p> <p><b>Nacho Grande</b><br/>w/Chips &amp; Salsa<br/>Buffalo Chicken Wrap<br/><br/><u>Sides:</u><br/>Seasoned Rice<br/>100% Apple Juice</p>                           | <p><b>24</b></p> <p><b>Bacon Egg &amp; Cheese</b><br/>On an English Muffin<br/>Ham &amp; Cheese Sandwich<br/>Fiesta Taco Salad<br/><u>Sides:</u><br/>Vege-licious Salad<br/>Fruit of the Day</p> | <p><b>25</b></p> <p><b>Pizzeria Pizza</b><br/>By the Slice<br/>BBQ Pork Sandwich<br/><br/><u>Sides:</u><br/>Veggie Patch<br/>100% Apple Juice</p>                                                                                                                                                                  | <p><b>26</b></p> <p><b>12:15 Dismissal</b><br/><br/>No Lunch Served</p>                                                                                                                          |
| <p><b>29</b></p> <p><b>No School</b></p>                                                                   | <p><b>30</b></p> <p><b>Chicken Tenders</b><br/>w/Noodles<br/>Cheeseburger on a Bun<br/><br/><u>Sides:</u><br/>Gotta Gettem Green Beans<br/>100% Apple Juice</p>                      | <p><b>31</b></p> <p><b>French Toast Sticks</b><br/>w/Sausage<br/>Ham &amp; Cheese Sandwich<br/>Grilled Chicken Salad<br/><u>Sides:</u><br/>Hash brown Wedge<br/>Fruit of the Day</p>             | <p><b>Lunch Includes:</b><br/>Protein Grain Fruit Veggie Milk<br/>Choose at least 3 out of 5 components— 1 must be a fruit or veggie.<br/>You may take 2 fruits &amp; 2 veggies!</p> <p><b>Lunch Prices</b><br/>Student Paid: \$3.10<br/>Free &amp; Reduced Status: free!<br/>Extra Milk: \$0.60 Water: \$0.70</p> |                                                                                                                                                                                                  |