



**Meet Your Nutritious Friend:
Cheerleading Cherries**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>French Bread Pizza</p> <p>General Tso Chicken over Rice</p> <p>Grilled Chicken Salad</p> <p>FEATURED VEGGIES Green Beans Applesauce Cup</p>	<p>3</p> <p>Beef Tacos</p> <p>Chicken Quesadilla</p> <p>FEATURED VEGGIES Buttered Corn !00% Apple Juice</p>	<p>4</p> <p>12:15 EARLY DISMISSAL</p> <p>Cheeseburger on a Roll</p> <p>FEATURED VEGGIES Baby Carrots 100% Apple Juice</p>	<p>5</p> <p>Chicken Patty on a Bun</p> <p>Buffalo Chicken Cheesesteak</p> <p>FEATURED VEGGIES Steamed Broccoli 100% Apple Juice</p>	<p>6</p> <p>Pizzeria Pizza</p> <p>Bagel, Yogurt, and Cheese Stick</p> <p>Garden Salad w/ Cheese</p> <p>FEATURED VEGGIES Side Salad Fruit Cup</p>
<p>9</p> <p>Big Daddy's Pizza</p> <p>Chicken Tender w/ Breadstick</p> <p>Crispy Chicken Salad</p> <p>FEATURED VEGGIES Oven Fries Pear Cup</p>	<p>10</p> <p>Macaroni & Cheese</p> <p>Walking Taco</p> <p>FEATURED VEGGIES Sweet Peas 100% Apple Juice</p>	<p>11</p> <p>McGriddle Pancake Breakfast Sammy</p> <p>Hot Dog on a Bun</p> <p>Taco Salad</p> <p>FEATURED VEGGIES Tater Tots Peach Cup</p>	<p>12</p> <p>Grilled Cheese Sandwich</p> <p>Chicken Caesar Wrap</p> <p>FEATURED VEGGIES Tomato Soup 100% Apple Juice</p>	<p>13</p> <p>Pizzeria Pizza</p> <p>Bagel, Yogurt, and Cheese Stick</p> <p>Chicken Caesar Salad</p> <p>FEATURED VEGGIES Side Salad Fruit Cup</p>
<p>16</p> <p>NO SCHOOL PRESIDENT'S DAY</p>	<p>17</p> <p>Chicken & Cheese Quesadilla</p> <p>Beef Taco</p> <p>FEATURED VEGGIES Sweet Corn 100% Apple Juice</p>	<p>18</p> <p>French Toast Sticks w/ Syrup</p> <p>Italian Dunkers</p> <p>Garden Salad</p> <p>FEATURED VEGGIES Potato Wedges Mixed Fruit Cup</p>	<p>19</p> <p>Popcorn Chicken w/ Garlic Bread</p> <p>Cheesesteak on a Roll</p> <p>FEATURED VEGGIES Baked Beans 100% Apple Juice</p>	<p>20</p> <p>Pizzeria Pizza</p> <p>Bagel, Yogurt, and Cheese Stick</p> <p>Garden Salad w/ Cheese</p> <p>FEATURED VEGGIES Side Salad Fruit Cup</p>
<p>23</p> <p>Pizza Dippers w/ Dippin Cup</p> <p>Double Cheeseburger</p> <p>Chicken Caesar Salad</p> <p>FEATURED VEGGIES Waffle Fries Applesauce Cup</p>	<p>24</p> <p>Beef Soft Tacos</p> <p>Chicken Fajita over Rice</p> <p>FEATURED VEGGIES Seasoned Rice 100% Apple Juice</p>	<p>25</p> <p>Chicken and Waffles w/ Syrup</p> <p>Breakfast Wrap</p> <p>Taco Salad</p> <p>FEATURED VEGGIES Tri Patty Taters Mixed Fruit Cup</p>	<p>26</p> <p>Mini Corndogs</p> <p>Chicken Cheesesteak on a Roll</p> <p>FEATURED VEGGIES Green Beans 100% Apple Juice</p>	<p>27</p> <p>Pizzeria Pizza</p> <p>Bagel, Yogurt, and Cheese Stick</p> <p>Garden Salad</p> <p>FEATURED VEGGIES Side Salad Fruit cup</p>

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, chocolate, and strawberry

Daily Alternates

- Pizza Crunchers
- Chicken Nuggets w/ Goldfish
- Bagel w/ Yogurt and Cheese Stick
- Cereal w/ Yogurt and Cheese Stick

(V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan

These items do not contain any animal products

Your Team

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Meal Prices

Student Lunch \$3.40
Faculty Lunch \$4.10

